

New Religious Movements

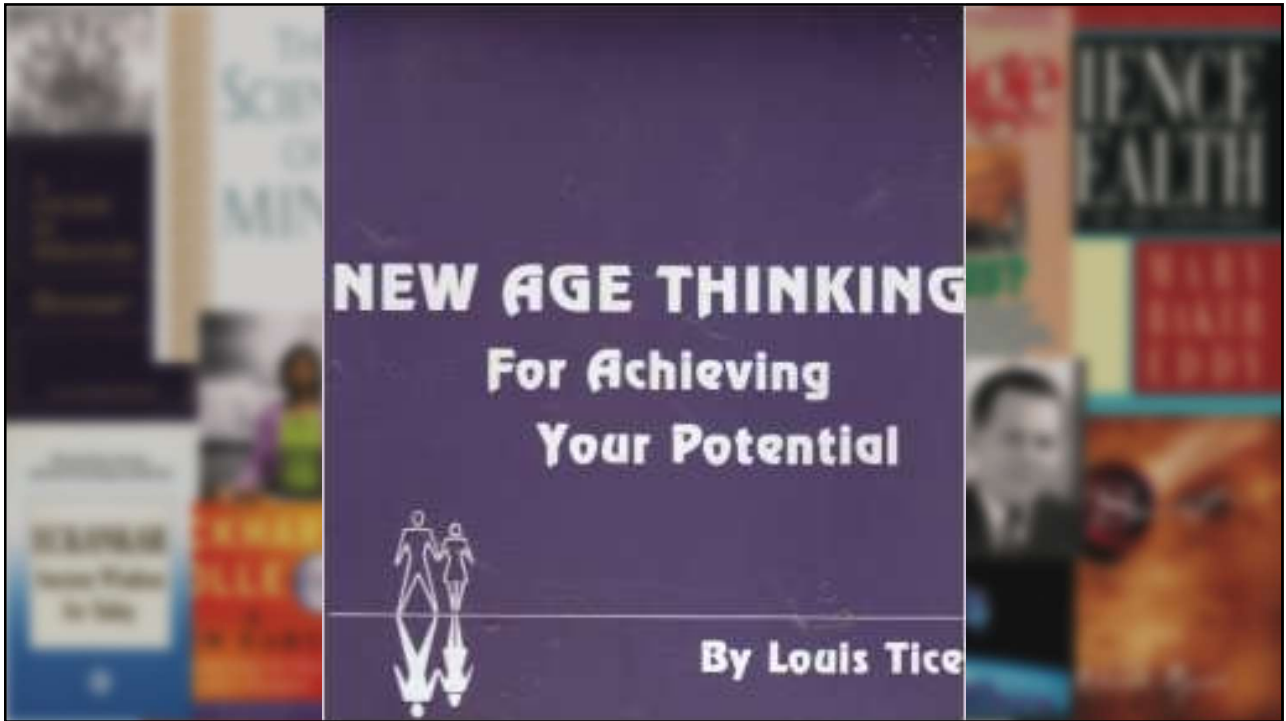
The Occult: The New Age Movement, Pt. 3

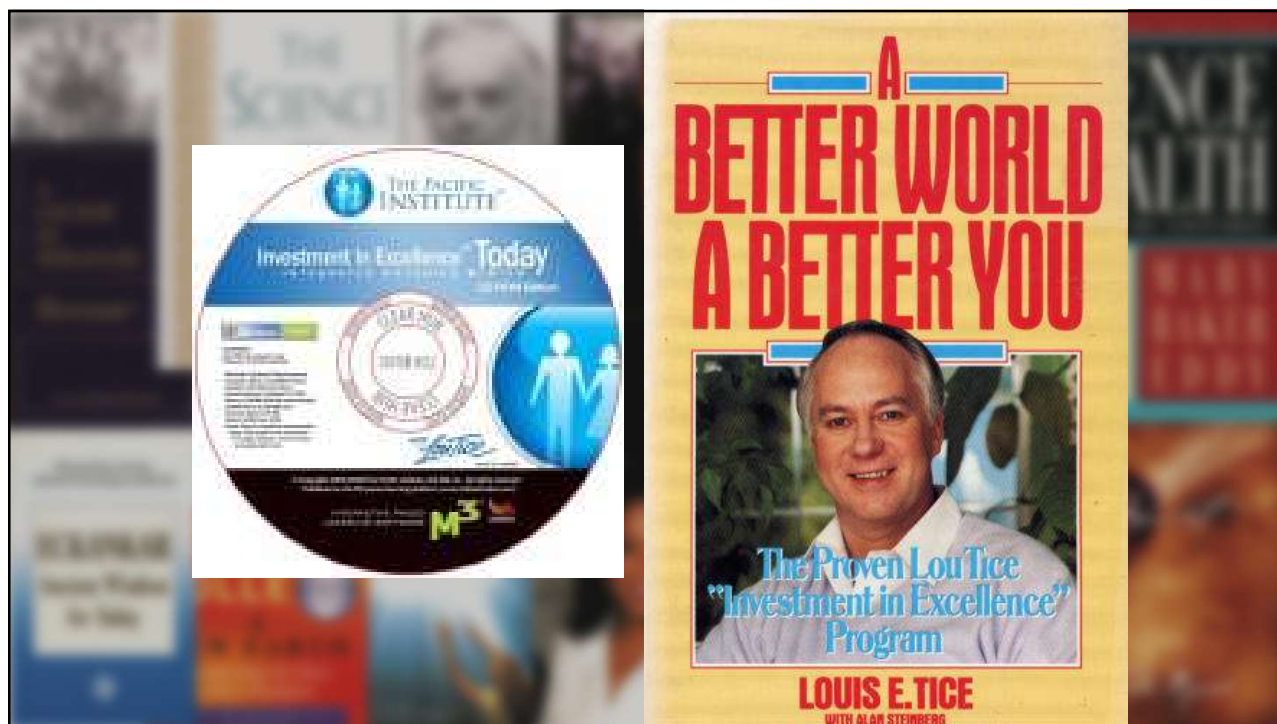
Richard G. Howe, Ph.D.
 Provost
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 Professor of Philosophy and Apologetics
 Southern Evangelical Seminary
 Rock Hill, SC

THE NEW AGE MOVEMENT

PT 3







Investment in Excellence™


The Learning Units:

1. **Possibility Thinking: The Wizard**
In this first unit you will learn a basic principle of this course — that you have an unlimited potential for development but you must limit yourself by the way you think. Words used carefully in statements of belief can create qualities of excellence in yourself and in those people who listen to you.
2. **Process of Thought: Perception and the Truth**
In this unit, you will study the “how” and “why” of thought process and learn how past experiences determine future behavior because of conditioning. Here too you will learn about blind spots that inhibit growth and activity by imposing limits in the form of preconceived ideas. And you will find ways to deal with conflict and stress arising from new, unfamiliar situations. Thus you will begin to regard change as a challenge, not as a threat.
3. **Your Self Image: Self Image and Belief**
Material in this unit demonstrates how your opinion of yourself controls your every action. When you learn to change your picture of yourself, you will become the kind of person you wish to be, unlocking your creativity to a new, higher threshold of accomplishment on the job and in your personal life.
4. **Habits and Attitudes: Adjusting Attitudes to Reach Goals**
How to evaluate and effortlessly change your habits and attitudes is a key lesson presented in this unit. This knowledge will enable you to program new habits and attitudes into your life, opening the way to continuing growth and effectiveness.
5. **How Self Image is Formed: How Self Talk Builds the Self Image**
The quality and tone of your conversations with yourself are powerful influences that build or diminish your feeling of self-worth. Building belief in yourself through positive thought, backed by genuine spirit, will bring about desired changes and project you into new levels of high performance in all areas of your life.
6. **Comfort Zones: Change without Stress**
Comfort comes from being surrounded by behavior, values, ideas and opinions that match your own personal picture of acceptability. You will discover methods to expand your feelings of comfort — at your job, within your family, on financial and social levels — by visualizing yourself into new situations, thus stimulating growth within all areas of your life.
7. **Self Talk Cycle: Directing Self Talk**
The importance of how you talk to yourself is defined, along with the necessity to control and direct your conversations with yourself. You will learn how to utilize self-talk positively, to reinforce an existing image or to modify opinions and attitudes you wish to change.
8. **Self Esteem and Performance: Elevating Self Esteem**
How you regard yourself has a strong bearing on your performance. Learn how to produce more, contribute more and to accept the rewards you know you deserve by controlling negative self talk. Become a powerful, significant, positive force to yourself and to those people around you.
9. **Successful Motivation: Getting Used to It**
Creative conflict and challenges can be used positively to unleash energy, imagination and drive to create the motivation that causes you to surpass your goals. You will learn how to visualize yourself into stimulating new areas of living through an innovative goal-setting process, using practical techniques that will enable you to achieve the quantity and quality of excellence you desire in all areas of your life.
10. **Constructive and Restrictive Motivation: Captain of the World**
Motivating people by threat and fear results in personal resentment, inflexibility and routine work performance. You will learn how to encourage people constructively, so that they will attack challenges on a “want-to” basis, creating an atmosphere where individuals, families and businesses can flourish.
- 11, 12 and 13. **Affirmations and Visualization: Writing Affirmations; Steps to Imprinting; Affirmations and Intent; Affirmations and Comfort Zones; Flick-Back Technique; Resilience**
From these units, you will learn how to use the tools of first-person, present-tense visualization, imagination, and emotion to set and achieve goals. These newly learned skills will enable you to determine your future, thus giving you new and forceful control of your life. You will discover new strength in your flexibility to change, your quick recovery from temporary setbacks and your new found ability to convey to yourself and to others the true meaning of your beliefs.
14. **Teleological Nature of Man**
Goals are an essential part of your existence. Because your system is oriented toward goals, you move toward whatever ideas are uppermost in your mind. Without goals, people — and their companies, their organizations and governments — slow down, become stagnant and die.
15. **Environmental Comfort Zones: Modifying Your Environmental Comfort Zones: Present Thoughts Determine Your Future**
People tend to resist change; they prefer to stay in their present surroundings at home, on the job, in the social world. Once you learn why people fight the process of change, you will be able to help them embrace change as an advantage in growth.
16. **Philosophy of Goal Setting**
Goals, by themselves, are of little value unless they bring you a depth and meaning as you work to achieve them. Setting goals that enrich the quality of life for you, your family, community and business, will enable you to attack life with new confidence and zest.
17. **Guides to Goal Setting (I): Reticular Activating System; Natural Creativity**
Choosing goals in all areas of your life, then moving straight toward them through the use of positive visualization and selective information gathering and your own intuitive knowledge will bring about that sense of happiness, fulfillment and attainment that you seek.
18. **Guides to Goal Setting (II)**
Here you will learn refined techniques for designing goals and picturing them as if they were already accomplished. By channeling your creativity into selective goal setting, you will make extraordinary performance a natural part of your every day life.
19. **Paragraphs**
By building confidence in yourself and in people around you, you will elevate levels of achievement in all areas of your life. You will learn to take risks, gain from new experiences and take giant strides toward a more fulfilling, more profitable and more rewarding existence.
20. **The Challenge is Yours: Questions and Answers; Steps Behind the Words; Labeling Yourself and Others; Application of Reticular Activating System; Comfort Zones in Sales; Half Step Method; Handling Stress Effectively; Channeling Your Power; Relaxation-Function-Visualization; Servant Leadership; Integrity and Ethics**
In this final unit, you will learn further applications of The Pacific Institute's principles. These practical suggestions will reinforce your own knowledge of the concepts and enhance your use of them in all aspects of your personal and business life. Thus you will become the kind of high-performance individual that you will learn to picture yourself to be, attaining new levels of excellence for yourself and people around you.

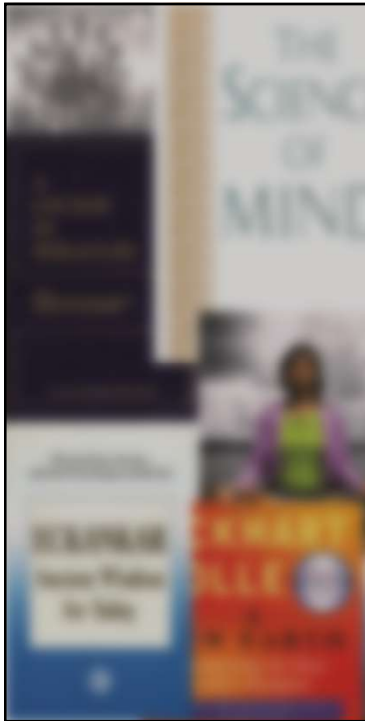
Program Summary

For further information, please contact:

JOHN ROBERTS

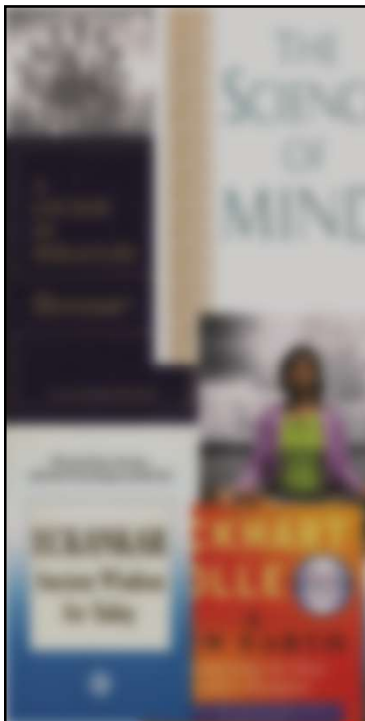
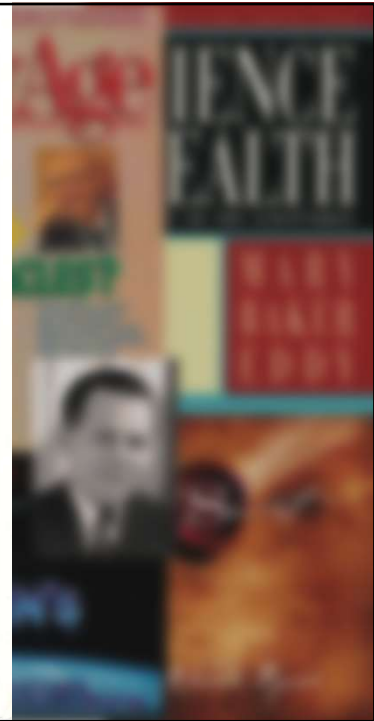


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BUSINESS

Corporate Mind Control

New Age gurus want to change employee thinking

The scene: a cluttered conference room, where 80 men and women listen with rapt attention to a well-known lecturer. The topic: "A new context within which to think," a session based in part on the teachings of an Armenian mystic. The purpose: realization of "end-state vision," organizational "alignment" and management of "internal resources." The headquarters of a religious cult? No, this is the telephone company. And its latest seminars are a far cry from pole-climbing school. It's called Krone training—Krone, for short—and it is required learning for the 67,000 employees of Pacific Bell, California's largest utility company.

Goodbye, Mr. Carnegie. Telle Werner Erhard. The New Age movement has gone corporate. Faced with increasing competition and sluggish productivity growth, American companies are hiring motivational gurus to change the way their employees think. Besides Pacific Bell, such corporate giants as Procter & Gamble, TRW, Ford Motor Co. and Polaroid have all signed on New Age consultants. By one estimate, their programs account for about \$4 billion in corporate spending each year. But the rush to go touchy-feely is encountering

resistance. Some workers say the programs constitute mind control or promote values inimical to their religious beliefs. At least two employees have challenged the programs in court, and last week the California Public Utilities Commission launched an investigation into Pacific Bell's Krone.

Key to the New Age system is homogeneity of thought. Traditional theory holds that companies whose members agree on certain fundamental values and norms are more successful than those who do not. That, in part, is the reason behind the success of many Japanese companies, and it is the basis on which most New Age training programs operate. The programs—which have such names as Breakthrough Learning and Transformational Technology—vary in their approaches: some use esoteric doctrines such as meditation or hypnosis while others offer corporate versions of the 1960s-style encounter group. Most emphasize positive-thinking techniques and the importance of group cohesion.

Take Pacific Bell's Krone training, officially known as Leadership Development. Nicknamed after Charles Krone, the management consultant who helped develop material for the sessions, the program takes



It's not the pole-climbing school: A leadership

workers through a series of mental exercises. Employees being "Krone'd" are taught to think at all times about the "six essentials of organizational health"—empowerment, freedom, identity, concentration, order and interaction—and relate them to the demands of the workplace. Many find, they are asked to examine whether their behaviors are the result of (a) external stimuli, (b) themselves or (c) a "purpose that is beyond self." (The preferred answer is "c.") As with many programs, Krone training requires employees to learn a glossary of arcane terms that is all but impossible for outsiders to penetrate. Says Charles O'Reilly, management professor at the University of California,

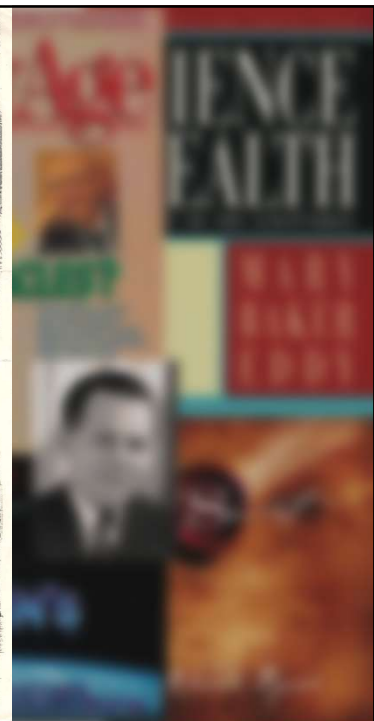


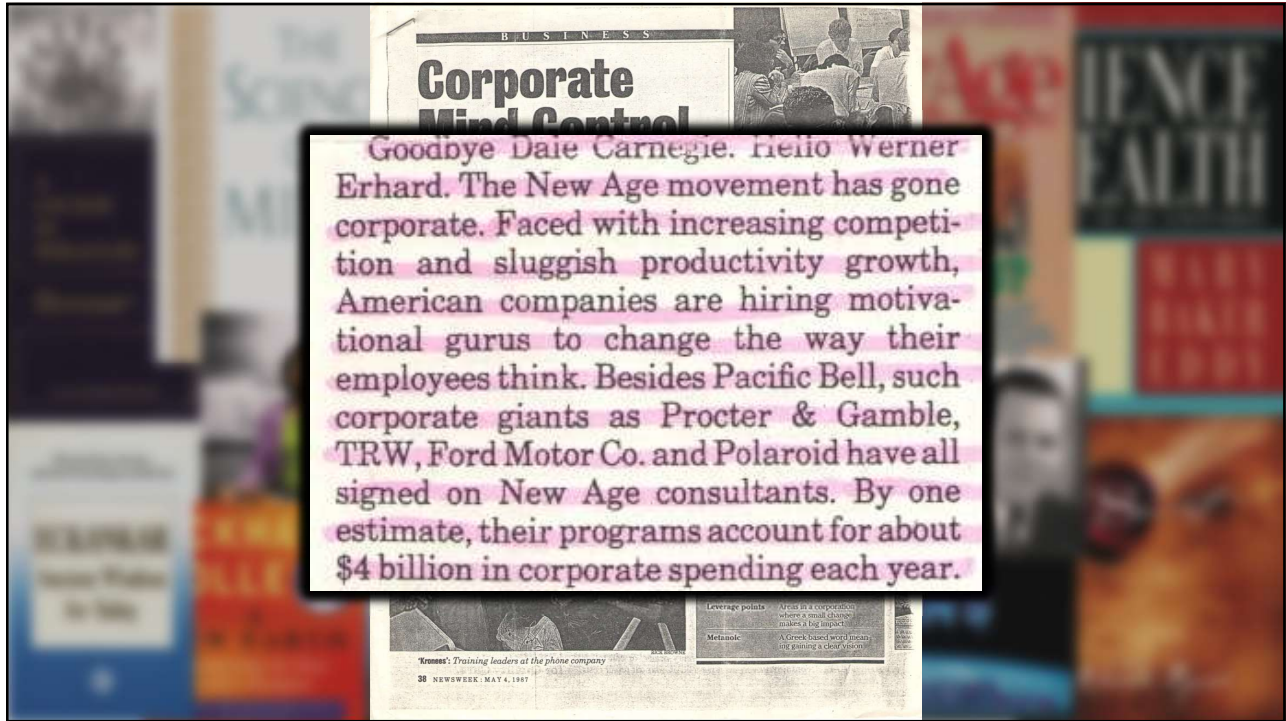
'Krone's': Training leaders at the phone company

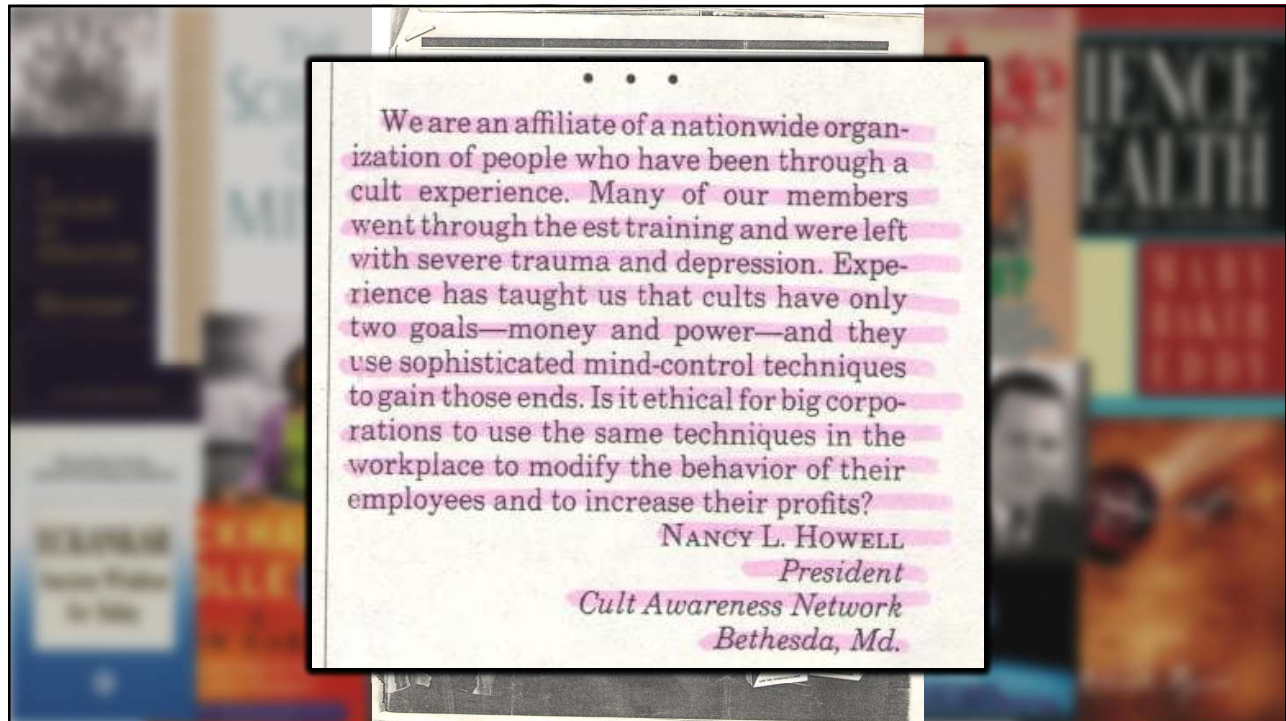
38 NEWSWEEK, MAY 4, 1987

Glossary for a New Age

TERM	DEFINITION
End-state vision	A goal
Internal resource	An employee
Structural integrity	Making an organization fit a company's end-state vision
Alignment	Agreement
Leverage points	Areas in a corporation where a small change makes a big impact
Metaphor	A Greek word used meaning gaining a clear vision







THE PACIFIC INSTITUTE®

HOME EXPERTISE PROCESS SOLUTIONS RESULTS ABOUT CONTACT

OVER 4 DECADES, 60 COUNTRIES
 THOUSANDS OF ORGANIZATIONS, MILLIONS OF PEOPLE

As a global consultancy with over four decades of expertise

We use cookies to ensure that we give you the best experience on our website. If you continue to use this site we will assume that you are happy with it.

“We move toward and become like, that which we think about. Our present thoughts determine our future.”
– Lou Tice




HIGH PERFORMING CULTURES THAT LAST.

Culture is the shared way of thinking, behaving, or working that exists in a place or organization. Think of it as a collective mindset. Creating new ways of thinking will impact all aspects of your culture and organization, so our tools and processes are designed to sustain the new levels of performance within your culture for years to come.



Releasing Potential





HOME EXPERTISE PROCESS SOLUTIONS RESULTS ABOUT CONTACT ☰


The last 30 years of research on student retention have identified two significant factors that separate students who persist from those who do not. These are goals and attitudes. As we learn more about brain functioning and its implications for learning, there are some revelations about the power of our thinking and our emotional attitudes on our ability to retain information and learn that Andrew Carnegie (unscientifically) introduced to Napoleon Hill in 1908. After twenty-five years of his own research, Napoleon Hill introduced the world to those concepts in the book [Think and Grow Rich](#).

Throughout our lifetime, we develop “pictures” of ourselves. These images become our *is-ness*, our HABEs (habits, attitudes, beliefs and expectations) that guide us through life. In our attempts to influence our students and affect retention and persistence, we often observe students’ behaviors that inhibit their success. Rarely though, do we have access to the thoughts that govern those behaviors. We cannot vaccinate our students with goals, or positive attitudes, but we can give booster shots to the “picture” of what is. *Change the thought and the behavior will follow.*

Andrew Carnegie proposed four principles of persistence from more than a century ago. Do they still pertain today? We must...

1. Have a purpose.

As Susanne Langer, a philosopher who lived with cultures all over the world, so



HOME EXPERTISE PROCESS SOLUTIONS RESULTS ABOUT CONTACT ☰

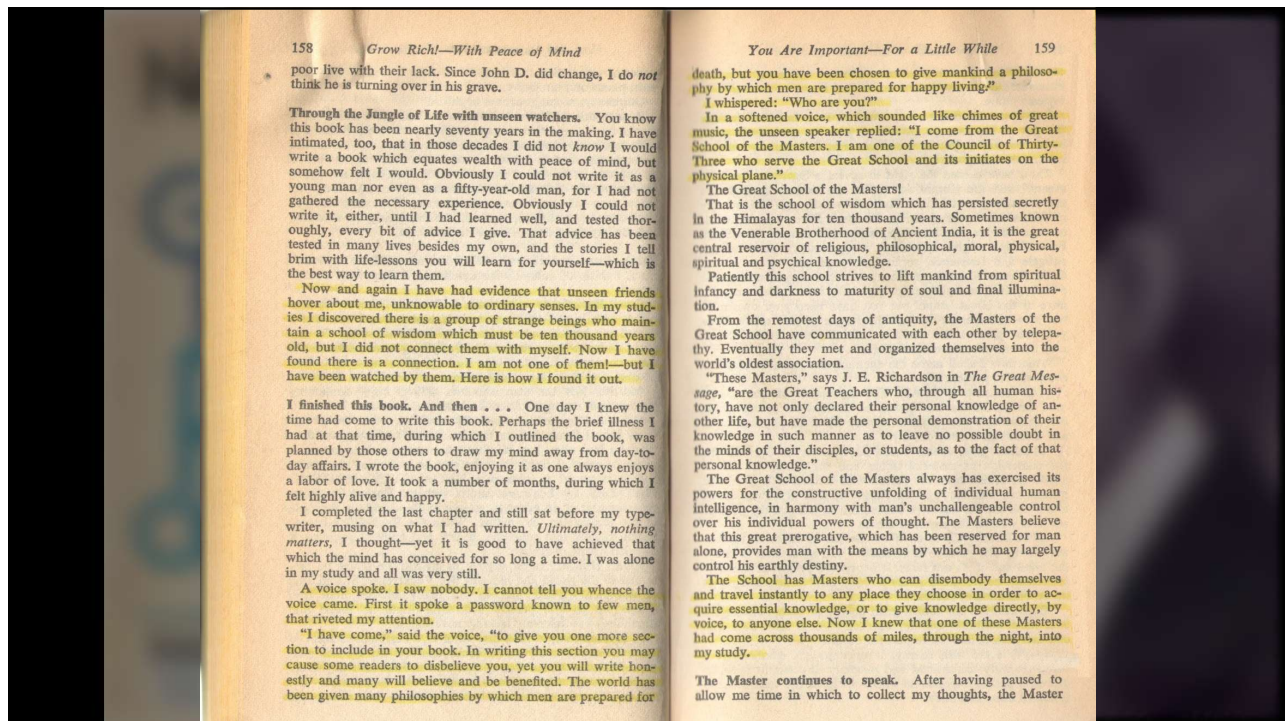
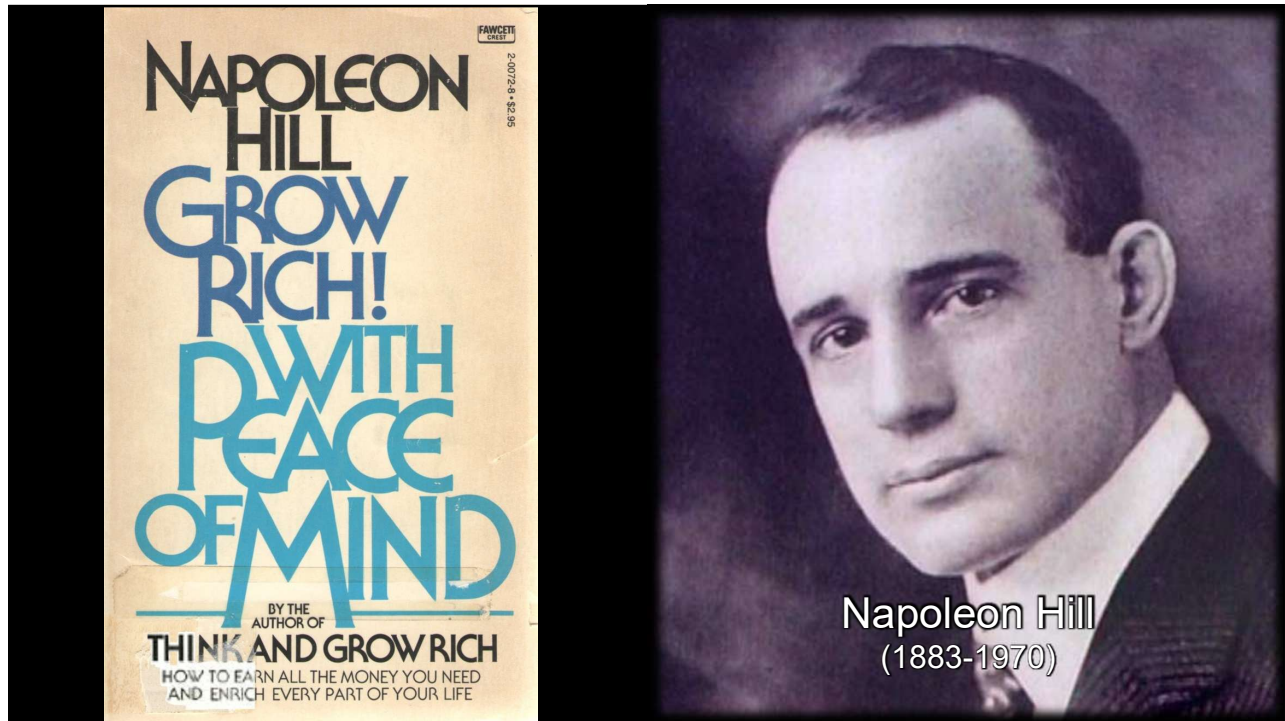
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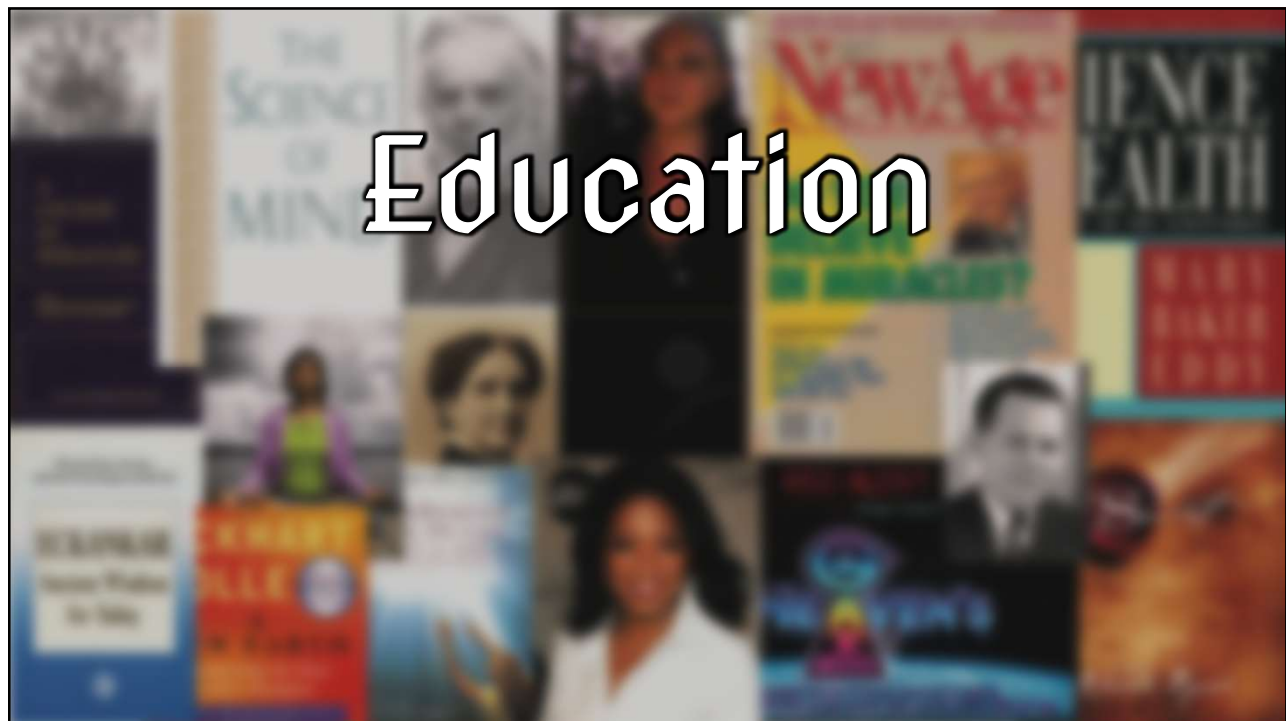
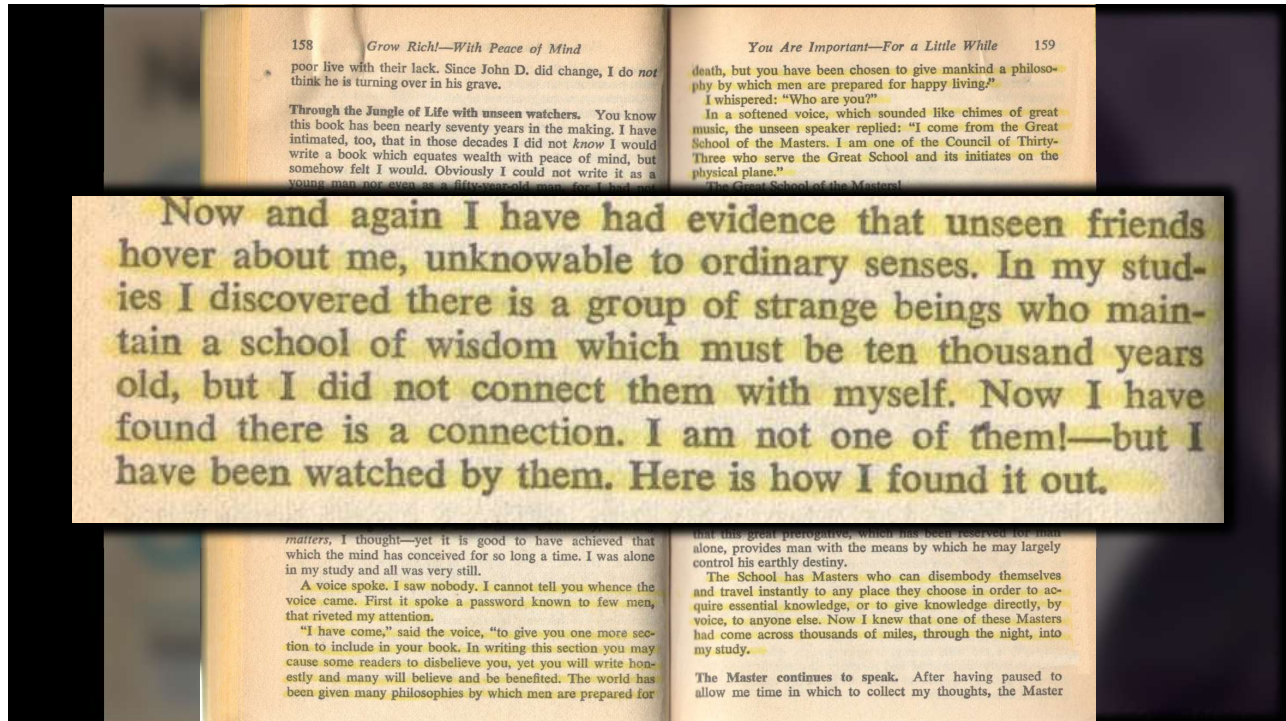
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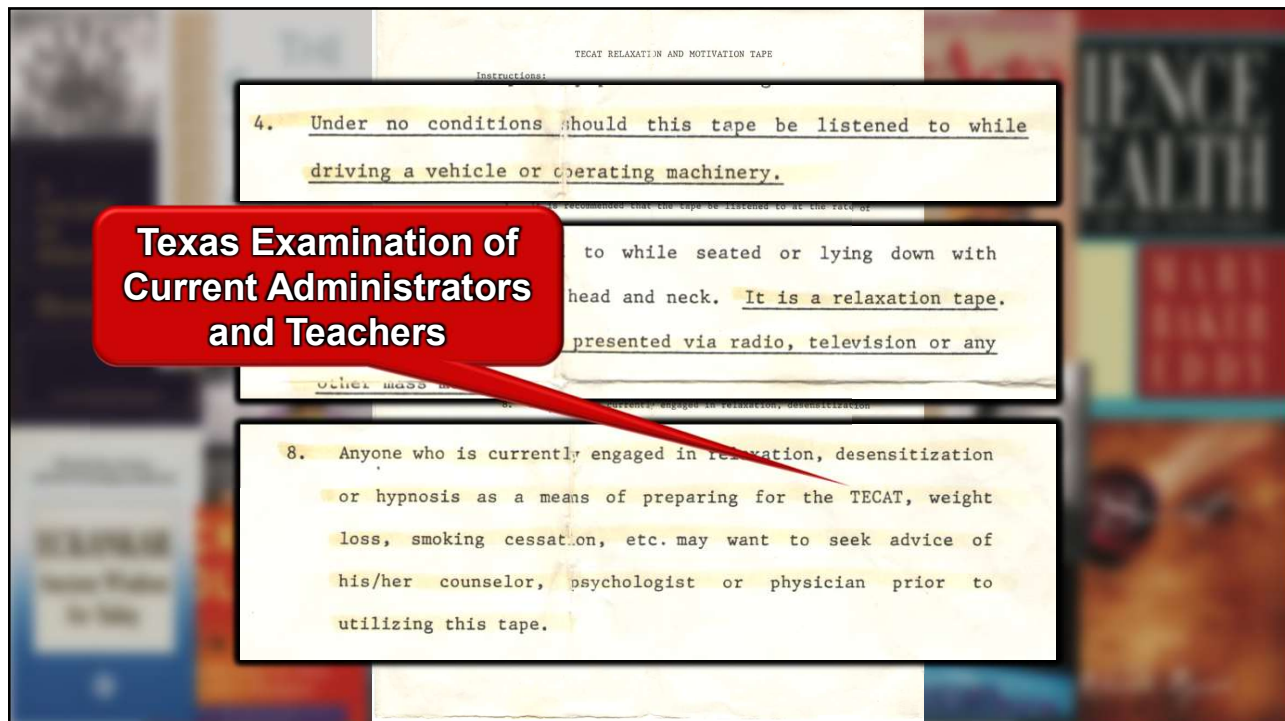
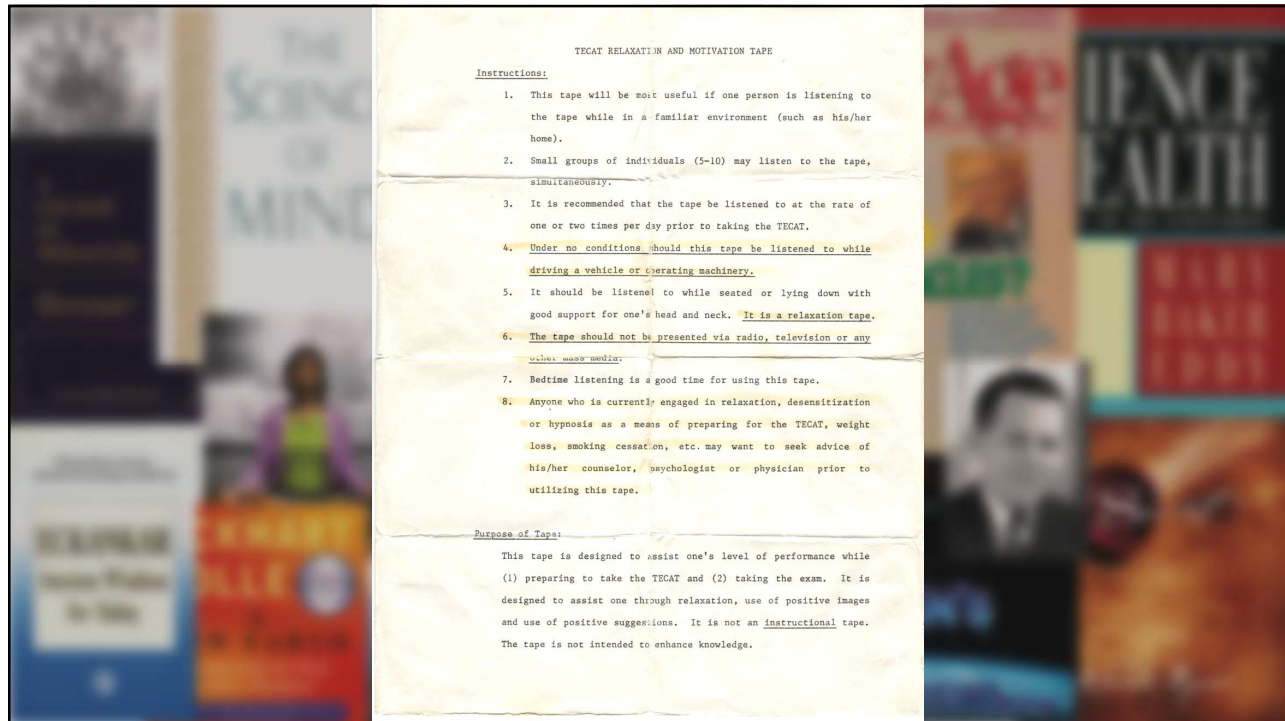
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LET'S IMAGINE:

I Can Say "No" When I Need To

To Be Read Aloud Slowly:

Let's take a moment to use our imaginations. Relax and get comfortable with both feet on the floor. Let your shoulders relax, and let your arms and hands rest in a comfortable way. Let your head relax. You can let it fall forward a little if that helps you relax. Let your whole body work as if it were in slow motion. Close your eyes, but not tight. Take slow, deep breaths. When you let your breath out, you might feel as if you could sink into your chair.

When you feel relaxed, begin to feel "strength" coming to you. It may come from someplace inside you, or it may come from somewhere else. Wherever it comes from, enjoy the feeling of strength filling you up and being all around you.

The strength that you are feeling is the same strength that will help you when you have to choose whether you will do what you think is right or what you think is wrong. It is the strength that helps you to do hard things, like to say "No" when you need to.

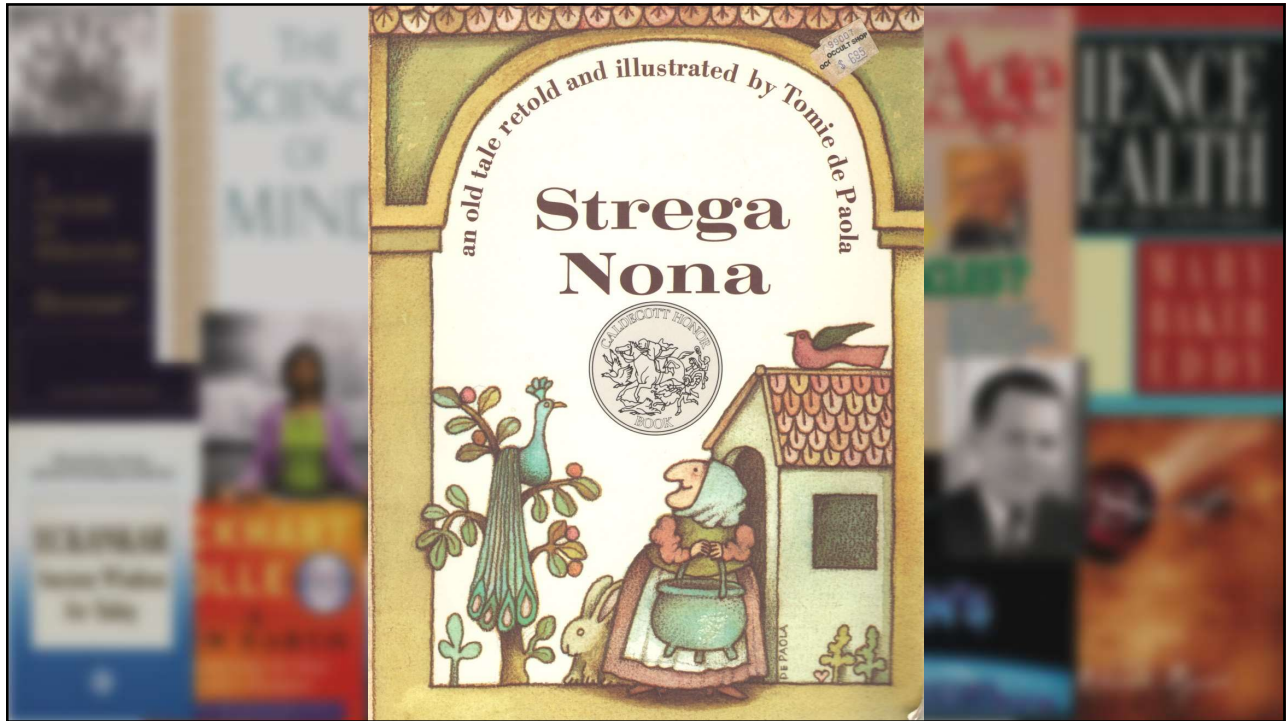
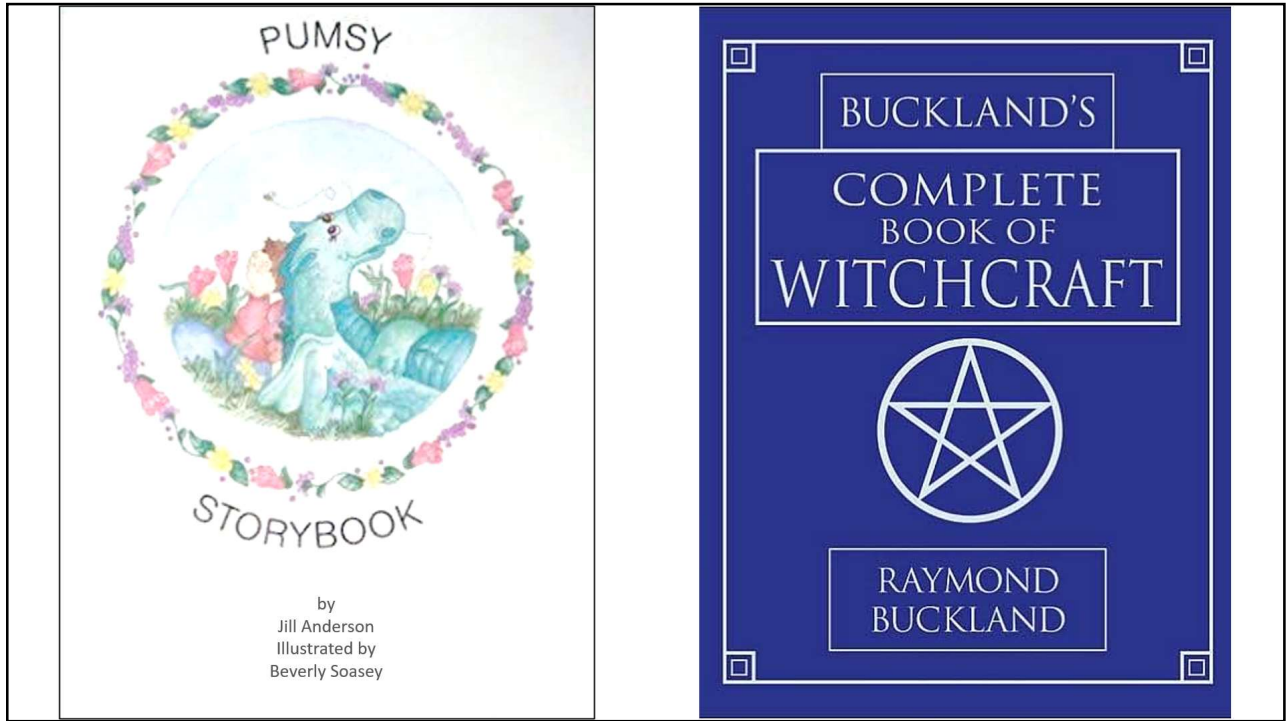
Take a moment to enjoy the strong feeling that will help you. How does it feel to your body...? Does it make certain parts of your body, like your shoulders, feel strong and powerful...? Imagine the sound of your voice when you might need to say "No." Imagine yourself strong and sure that you can do what you need to do.

METHOD

Sit comfortably, relaxing the body as much as possible without slumping or allowing the spine to curve. Help loosen tight muscles by doing the following exercises:

- 1: Allow the head to fall forward on the chest. Breathe deeply in and out three times. Return to the upright position.**

Now, with your body relaxing and breathing normally but deeply, concentrate your thoughts until you can imagine your whole body encased in a globe of white light. Feel the luminous energy charging your whole body.



The screenshot shows the Gateway Public Schools website. At the top, there are navigation links for GENERAL INFO, PARENTS, STUDENTS, STAFF, Translate Page, and Pay For School Lunch. The main header reads "Gateway Public Schools Believe. Achieve. Succeed." Below this are sections for ABOUT OPS, BOARD OF EDUCATION, SCHOOLS, DEPARTMENTS, CAREERS, and SEARCH OPS. A sidebar on the right contains "Title I State, Federal Links" with dropdown menus for "Title I State Office" and "Title I Schools". The main content area features a "Title I News" section with a "Featured Book - Strega Nona" article. The article includes the book cover, a description of the Italian folk tale, and a small illustration of the witch.

Featured Book - Strega Nona
 posted on February 05, 2008 | View Count: 17

This Italian folk tale takes place a long time ago in the city of Calabria. Strega Nona, or "Grandma Witch", has many good talents she bestows on the town.

However, no one is allowed to touch her pasta pot. Trouble begins when her hired hand's bad judgement puts the town in peril.

Here's a story that will introduce your child to foreign culture and customs. Strega Nona earned a Caldecott Honor award for its illustrations. The colorful cast of characters will make each time you read this book an enjoyable family read-aloud experience.

The flyer is yellow with a black border and contains the following text:

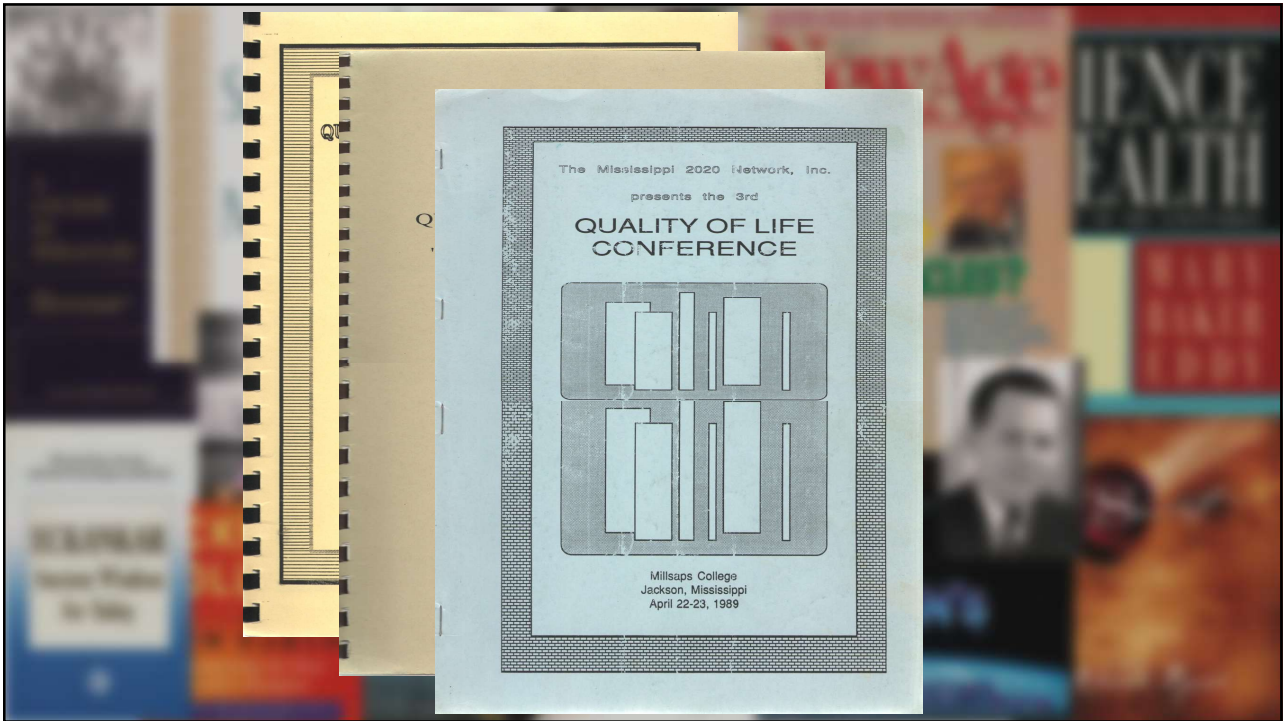
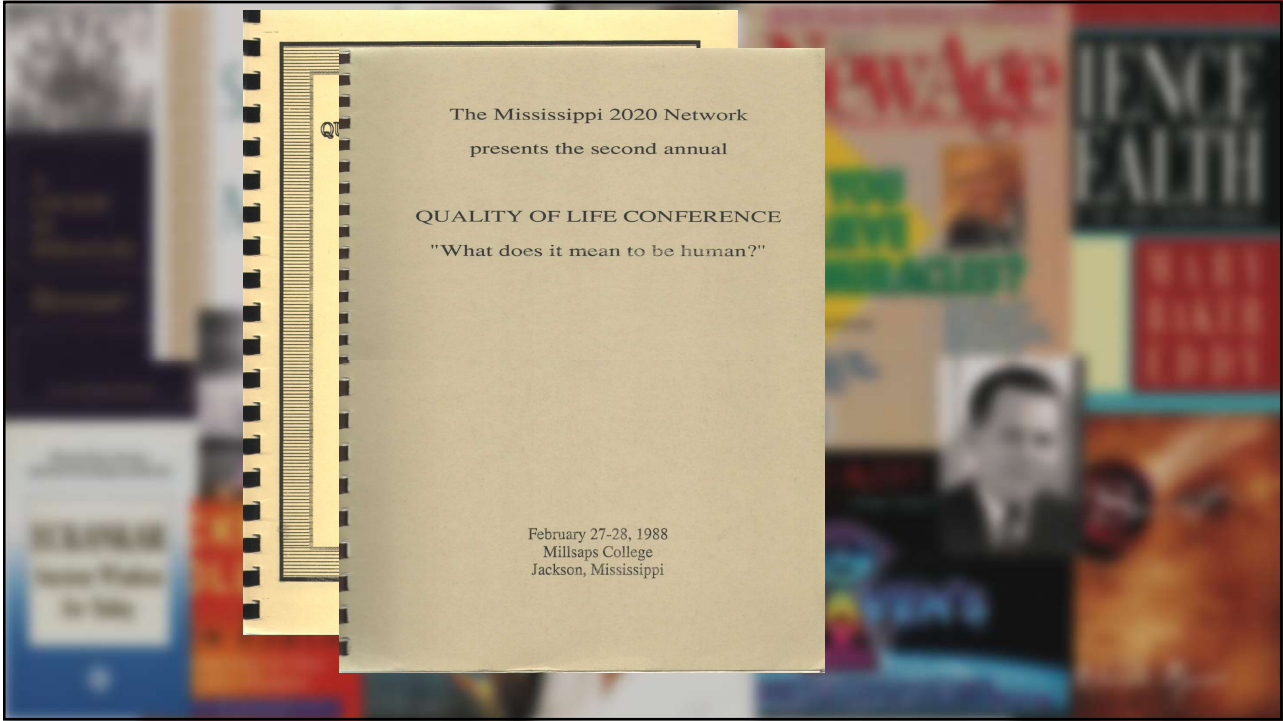
QUALITY OF LIFE THAT'S POSSIBLE

FEBRUARY 27-28 1987

THE MISSISSIPPI 2020 NETWORK

CONFERENCE ON ALTERNATIVE FUTURES IN MISSISSIPPI

UNIVERSITIES CENTER, EDUCATION AND RESEARCH CENTER
 3825 RIDGEWOOD ROAD, JACKSON, MISSISSIPPI

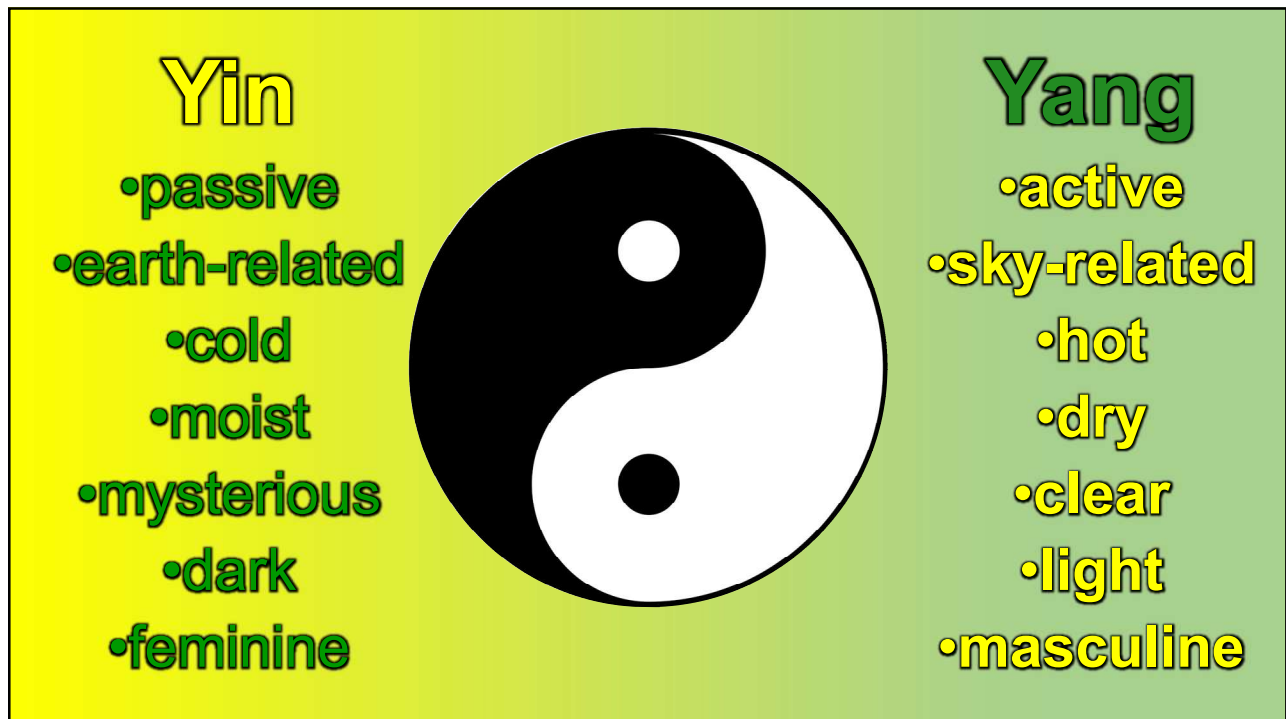
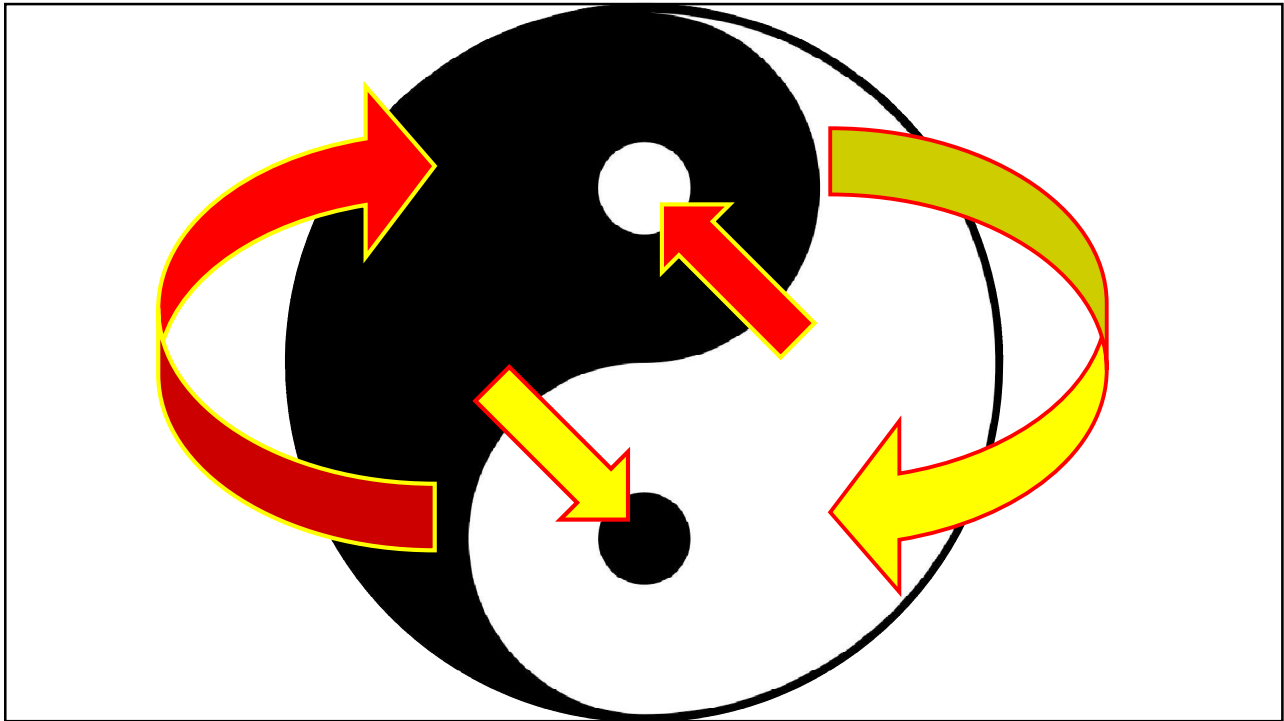


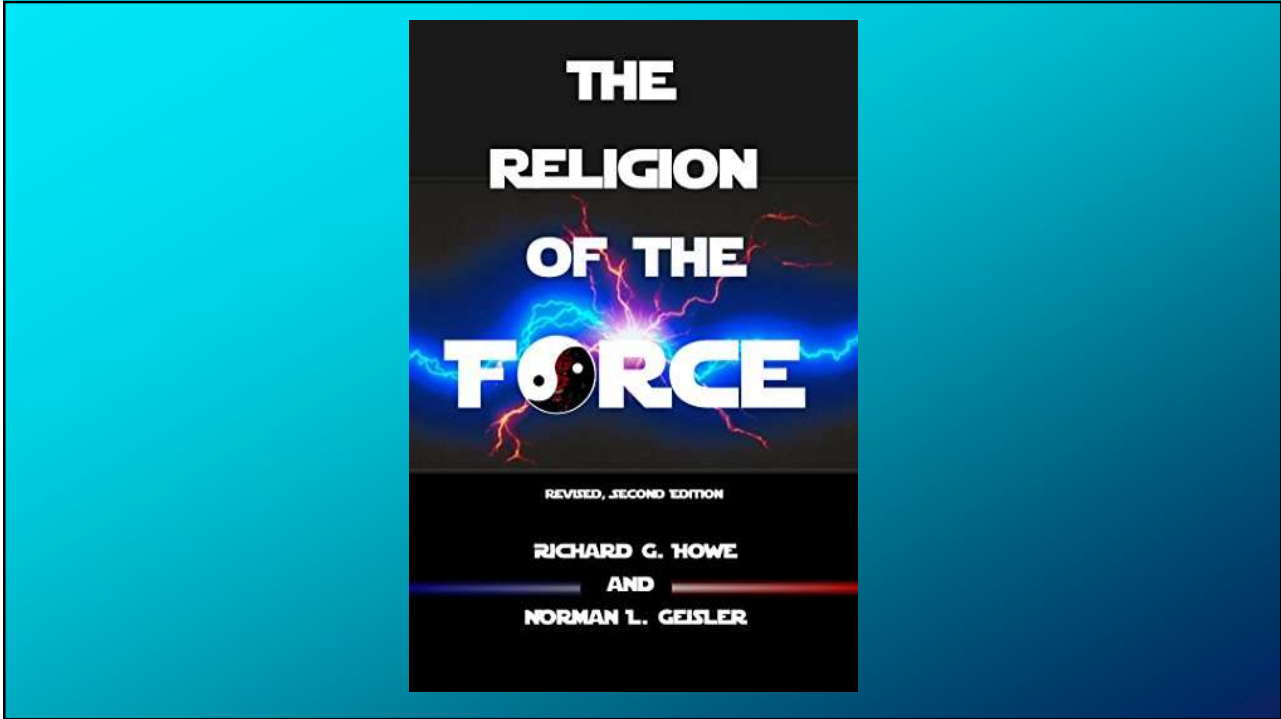


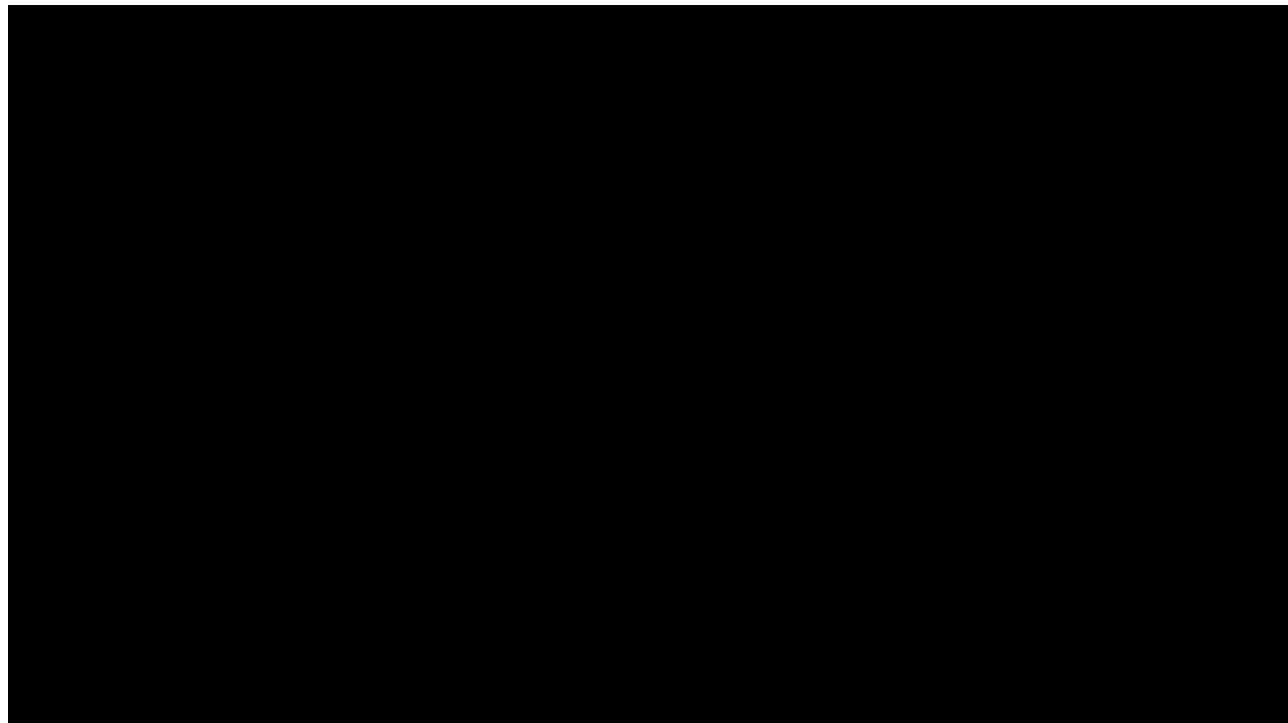
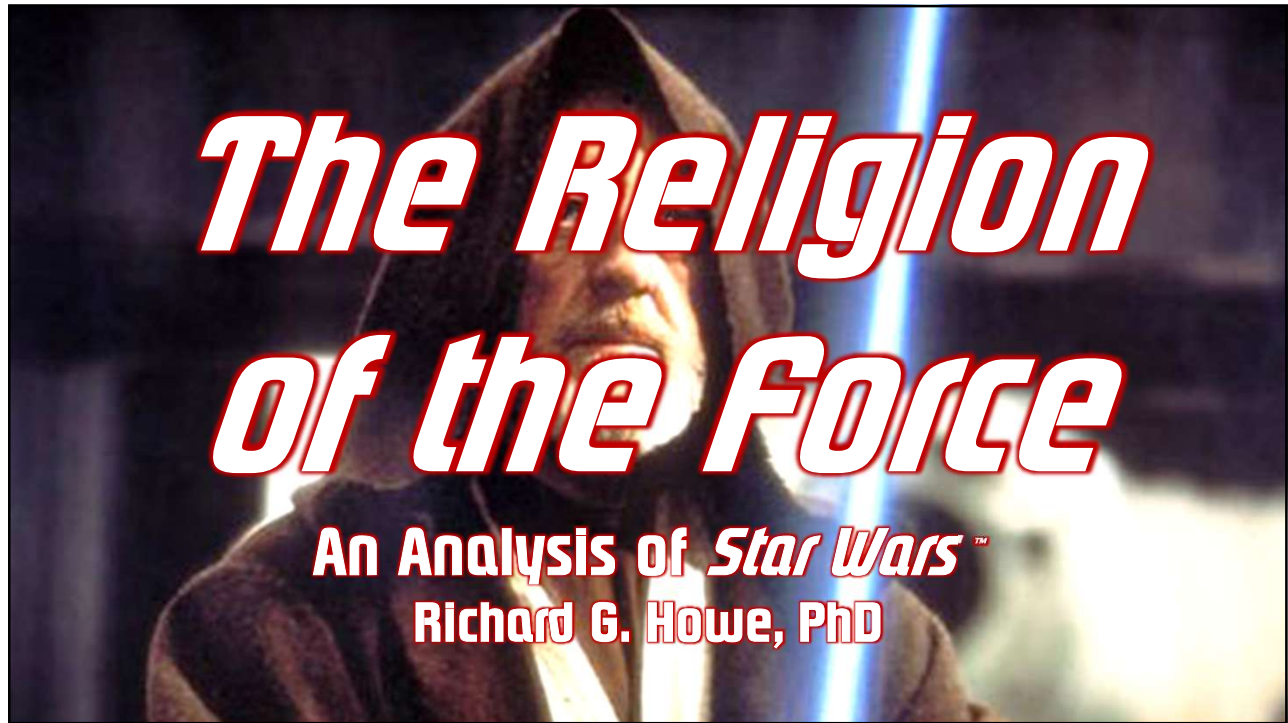
You are Cordially Invited To
Mississippi 2020 Network's Third Quality of Life Conference
Millsaps College Academic Complex, 1701 North State St., Jackson, Mississippi
April 22-23, 1989

Opening Day: Overviews of nine workshops plus evening session on Human Relations Problems and Solutions, led by Arun Gandhi
Sunday: Two 90 minute workshops of participant's choice, workshop on local organizing, small groups, and Celebration of Beginnings
The 2020 Bookstore will offer books and posters which encourage a quality future.









ABOUT MISSISSIPPI 2020

Something exciting is happening in Mississippi: a member organization of ordinary people from Olive Branch to the Gulf Coast who believe we can transform the future of the state. Two dozen Mississippians set it in motion three years ago by deciding the images of the world we have in our minds largely determine what happens now and in the future. And they believed a transforming vision of the future was crucial for our culture to maintain its creative power and avoid stagnation.

Thus, raising the quality of life begins with the discovery of attractive images of social possibilities which recognize the dynamic connection among all things on earth. And to be transforming, those images would have to nurture a harmonious relationship between humans and the earth. Out of this vision of the future individuals could develop a transformation process involving self-reliance, community cooperation, social justice and earth stewardship—in contrast to society's traditional wisdom which is producing disintegration and despair. Images of such a future could only grow out of the imaginations of many Mississippians who have the courage to dream a vision so rooted in reality it would naturally transform the values, lifestyles and world views which dominate our present.

The first Quality of Life Conference was introduced in February, 1987, as a public forum for this vision quest. The second Conference in February, 1988, focused on "What Does It Mean To Be Human?" Ideas from these events which pass the test of public examination will slowly bring into focus the forms of the best possible future society and later work their way into new personal behavior as well as social structures and public policies.

Already Mississippi 2020 is working on creative alternatives: affordable housing for the working poor; reducing the emigration of our college graduates; local non-cash currency systems (LETS); peace education through drama; win-win conflict resolution teams; community recycling; tutoring workshops for small towns; environmental education project for elementary students; a community land trust to translate the 2020 vision into a "village"; and an Earth-Life Learning Center. 2020 believes it's up to all of us to invent a positive future. Being open to the many challenging Conference options is a beginning. If you are attracted by our vision, we urge you to join us with your skills and energy as a participating member. We are confident our state is full of many who also yearn for a different future.

Conference Program

Saturday, April 22		Sustainable Agriculture	Bioregionalism
8:00 am—	Register, Academic Complex, Recital Hall	Dispute and Empowerment	Organizing Locally
	Recital Hall	Mississippi 2020: Origin, Goals, Affiliation	
	Introduction of the 2020 song, A Spirit of Change, Stephen Stuart, composer	8:30	Break for dinner
8:30	Conference Opening: Harry Crumpler, President, 2020 Board of Directors F. D. Pyke, Governor's Special Assistant for Economic Development	7:30	Recital Hall Human Relations: Problems and Solutions: Aran Gandhi, Center for Study of Southern Culture, University of Mississippi
9:00	Conference Overview: David Haenke, The Bioregional Project, Newburg, MO William Gibson, The EcoJustice Project, Ithaca NY		Audience dialogue
	Break	Sunday, April 23	
	Singing	8:45 am	Classrooms Participation in two 90 minute workshops
	Gene and Joyce Marshall, Realistic Living, Dallas TX	12:00	Lunch break
	Short overviews by remaining workshop leaders	1:30	Recital Hall Singing: Local Organizing For Change: Joyce Marshall
12:00	Lunch		Classrooms
	Recital Hall	2:30	Small groups meeting by region to plan action
1:15	Singing		Recital Hall
	Dispute And Empowerment Workshop: Suannah Ferris, Oxford MS	3:45	Reports of small groups Celebration of Beginnings— Joyce and Gene Marshall
1:30	Nine 45-minute mini-workshops in classrooms		Turn in evaluations
	Personal Transformation Reinventing Education		
	Social Transformation Transforming Economics		

Thus, raising the quality of life begins with the discovery of attractive images of social possibilities which recognize the dynamic connection among all things on earth. And to be transforming, those images would have to nurture a harmonious relationship between humans and the earth. Out of this vision

Nine Workshops Provide Images For Transforming Mississippi

Values and Structures Which Damage Our Future Workshop

William E. Gibson
Executive Project
Center for Religion, Ethics and Social Policy
Ithaca, New York

The values, assumptions, and structures that damage our future are those of industrial civilization itself. These are so taken for granted that it is hard to recognize, criticize, and change them—or to terminate our present dependence on them. Our civilization is structured as though nature's resources were inexhaustible, nature's capacity to absorb our wastes had no limit, and the whole northern realm were merely instrumental to human purposes.

The economic system expresses the values of human civility and the maximization of consumption. Science and technology are employed to fix any problems arising from indiscriminate growth and literally limit on having more and doing better. Today, however, the necessity of the next few years, both within and between nations, and the fact that our society has inherited values and structures that are unsustainable and unjust.

We must recognize them for what they are—not as that we may be freed to build and nurture relationships and structures whereby all may have sufficient and safe.

Values and Structures Which Enhance Our Future Workshop

Jayne and Gene Marshall
Baldwin, Texas

All of us have some mental picture of how human society is operating and how it is changing or ought to be changing. Which of these pictures is most realistic? What are each of us doing to make it most constructive? Our social problems are many and ever-widening. Solutions seem so difficult and long-range. What does it mean to engage right now in social transformation that is hoped for and can be the strength we can?

In order to answer these personal questions, we need to discern the doorway to a substantive future that is emerging within cultural patterns, our present economic system, our political powerlessness. What is central to all this and what is peripheral? Finally, how can we continue to expand our responsibility for all these matters in a spirit of deep tranquility?

As an institution, American public education is no longer providing energy, awareness, power and direction to society. It is dysfunctional. It lives in the space age

Despair and Empowerment Workshop

Susannah Ferris
Oxford, Mississippi

Being conscious in our world today involves awareness of unprecedented human suffering and growing possibilities of global disaster. How can we live with this awareness without feeling overwhelmed? How can we find resilience and courage? As the dangers to planetary survival escalate, we need ways to deal with our innermost psychic numbing, exhaustion and despair. In this workshop we will look at what is in our hearts about the state of our planet.

Through a brief lecture, guided meditation and ritual, we will explore and begin to move through our pain for the world to find deeper levels of community, commitment, and even joy. The workshop will offer methods to release energy for creative action and to organize ongoing support groups for personal and social change. (Joanna Macy)

Reinventing Education Workshop
Andy LePage PhD

As an institution, American public education is no longer providing energy, awareness, power and direction to society. It is dysfunctional. It lives in the space age

Transforming Economics Workshop

Alana Probst
Oxford, Mississippi

In the past, American cities were sponsored by very good at replacing inventors from one another and from abroad. It is not so today. However, the process has stagnated and failed nearly everywhere in the country. It seems that the economically rational business model is being replaced that has historically served our cities and regions so well. We now need a different and intelligent model. A simple program, begun in Oregon

and mainstreaming back into the beginning of humanity and beyond into the 21st century, is being developed. I believe the best and most powerful indicator of the old, and synthesis it with the most appropriate of the new. Bioregionalism is the most thoroughly evolved of all movements, and far more than those made great nature and indigenous people who still live traditionally in intact ecosystems.

This workshop will teach practical ways that education can be transformed. Participants will leave with workable ideas and suggestions which can be put into practice immediately in classroom, school and post-world life. The focus of the workshop will be to participate in the conversation between what is taught and what exists in the classroom and receive the assets available to teachers and others even in the most insular environment.

Bioregionalism Workshop
David Hanks
The Bioregional Project
Newbury, Missouri

Bioregionalism is a totally "new" term for people who come out of the Western industrial technological heritage way of thinking and understanding the place where we live, and living there. Under the name "Bioregional Movement," it is only around fifteen years old. At the same time, its message is so old that we can be freed to build and nurture relationships and structures whereby all may have sufficient and safe.

Sustainable Agriculture Workshop

Condon Walker
Oakleaf Farm, Texas

Sustainable, regenerative, low-input and organic are all terms used to describe a movement in agriculture which is exploring new approaches to farming. Regardless of the concept implied in each of these terms, it is clear that all who are involved in agriculture, including farmers, researchers, policy makers, as well as consumers, all of

whom have yielded direct and quick results in developing new business.

The expert substitution idea of Oregon MarketPlace is direct and simple: find out from local businesses what goods or services they plan to buy from outside the area within the next year, then see whether those goods or services can be produced locally. It is a simple program, begun in Oregon

and mainstreaming back into the beginning of humanity and beyond into the 21st century, is being developed. I believe the best and most powerful indicator of the old, and synthesis it with the most appropriate of the new. Bioregionalism is the most thoroughly evolved of all movements, and far more than those made great nature and indigenous people who still live traditionally in intact ecosystems.

Organizing Locally for Change Workshop

Bob Koobinsky
2023 Coordinator

This workshop will trace the history of Mississippi 2020, describe its goals and discuss the vision for the quality of life in Mississippi and outline the accomplishments and projects which are in the planning stages. Completed projects will include the Quality of Life Conference, the Peace Child event, the Jackson CARES Refugee project, the Mississippi CARES project to rebuild the Fellowship of Hope Church, the Alice in Wonderland algorithm musical, the 2020 Bioregional algorithm musical, the 2020 Bioregional, and AV Loan Library, and

various workshops and lectures.

The proposed films and literature include: 1. A Win-Win Conflict Resolution Center for Mississippi and the production of a Mississippi Peace Child, musical which shows youth solving the human relations problem. 2. The newly formed LETS system (Local Employment Trading System), a cross-regional currency system. 3. The Future Center, a competition among Mississippi college students for the production of the best working papers on how to raise our quality of life. 4. A community land trust near Jackson as a place where the values, design concepts and relationships of 2020's vision can be put into practice within a living community. 5. A Theater Learning Center to use drama as a means of educating the public on critical social issues. 6. An Environmental Education pilot program in a Jackson junior high to include recycling, composting and organic gardening. 7. Expansion of the 2020 Bioregional into a national and/or book series on social change, ecology and the future.

Workshop participants will be encouraged to work with 2020 in forming new chapters in their area.

Mississippi 2020: Origin, Goals and Local Affiliation to Transform Mississippi

Bob Koobinsky
2023 Coordinator

This workshop will trace the history of Mississippi 2020, describe its goals and discuss the vision for the quality of life in Mississippi and outline the accomplishments and projects which are in the planning stages. Completed projects will include the Quality of Life Conference, the Peace Child event, the Jackson CARES Refugee project, the Mississippi CARES project to rebuild the Fellowship of Hope Church, the Alice in Wonderland algorithm musical, the 2020 Bioregional algorithm musical, the 2020 Bioregional, and AV Loan Library, and

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Despair and Empowerment Workshop

Susannah Ferris
Oxford, Mississippi

Being conscious in our world today involves awareness of unprecedented human suffering and growing possibilities of global disaster. How can we live with this awareness without feeling overwhelmed? How can we find resilience and courage? As the dangers to planetary survival escalate, we need ways to deal with our innermost psychic numbing, exhaustion and despair. In this workshop we will look at what is in our hearts about the state of our planet.

Through a brief lecture, guided meditation, and ritual, we will explore and begin to move through our pain for the world to find deeper levels of community, commitment, and even joy. The workshop will offer methods to release energy for creative action and to organize ongoing support groups for personal and social change. (Joanna Macy)

Bioregionalism Workshop

*David Haenke
The Bioregional Project
Newburg, Missouri*

*Bioregionalism is a totally "new" (new for people who come out of the Western industrial/technological heritage) way of defining and understanding the place where we live, and living there. Under the name "Bioregional Movement", it is only around fifteen years old. At the same time, its essence is what we can best remember and piece together of the **oldest Earth traditions and wisdom, tracing back to the beginnings of humanity, and beyond into the root ecological principles of life itself, upon which Bioregionalism is ultimately based.***

and feelingless aridity? What is the magic beneath good leadership? What is the magic that makes good group processes actually work? This word "magic" is an appropriate metaphor, because organizing locally is first of all a matter of spirit, of authenticity, of



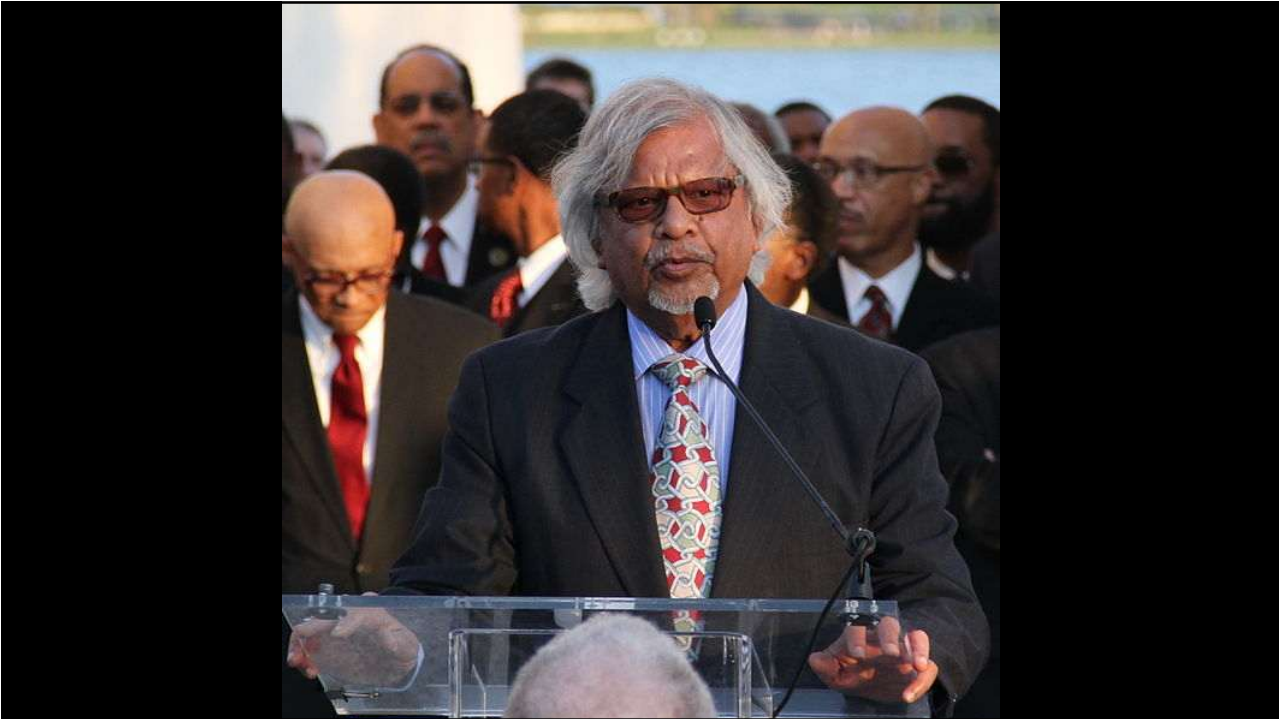
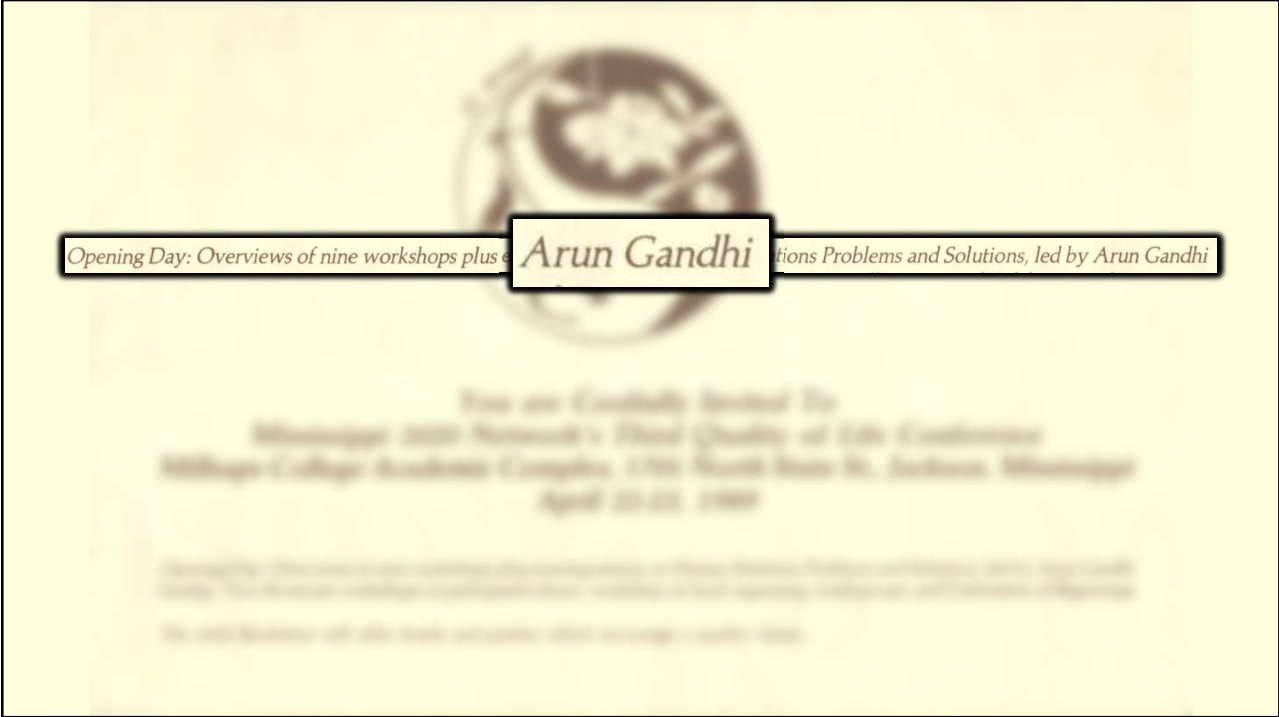
**You are Cordially Invited To
Mississippi 2020 Network's Third Quality of Life Conference
Millsaps College Academic Complex, 1701 North State St., Jackson, Mississippi
April 22-23, 1989**

*Opening Day: Overviews of nine workshops plus evening session on Human Relations Problems and Solutions, led by Arun Gandhi
Sunday: Two 90 minute workshops of participant's choice, workshop on local organizing, small groups, and Celebration of Beginnings
The 2020 Bookstore will offer books and posters which encourage a quality future.*



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DETACH AND RETURN
REGISTRATION FORM
 (Please reproduce for multiple registrations)
MISSISSIPPI 2020 NETWORK'S
THIRD QUALITY OF LIFE CONFERENCE
 "Personal and Social Transformation: Think Globally, Organize Locally"
 April 22-23, 1989
 Millsaps College Academic Complex, 1701 N. State Street, Jackson, Mississippi

NAME _____
 ORGANIZATION OR OCCUPATION _____

TITLE _____
 ADDRESS _____
 STATE _____ ZIP _____
 PHONE: HOME _____
 WORK _____

Registration Fee and Workshop Choices

Registration Options
 (Seating limited to 425; early registration advised to avoid waiting in line)

Agency personnel (advance) \$75
 Agency personnel (door) \$100
 Ind. registration (advance) \$40
 Ind. registration (door) \$50
 Students (advance) \$20
 Students at Conference \$25
 Student groups negotiated.
 Hard times as able
 (Reduced registrations must be made in advance of Conference. None will be made at registration table located on the first floor of the Academic Complex)

I'll promote the Conference
 Send me _____ brochures
 Mail brochures to my list (enclosed)

Important—Your Sunday Workshop Preferences

(You can attend three mini-workshops Saturday afternoon and you choose from nine options after you get to the Conference. However, we need you to make your choice in next column of your two longer Sunday morning workshops. Each of these will be repeated Sunday AM. Each workshop has limited seating and assignments will be made from earliest forms received. When you mail in this form, choose and rank your preference from 1 to 6.)

Sunday Morning Workshop Options (you attend only two)
 Personal Transformation _____ Bioregionalism _____
 Social Transformation/Organizing _____
 Repair and Empowerment _____ Retraining Education _____
 Transforming Economics _____ Sustainable Agriculture _____
 Mississippi 2020: Origin, Goals, Affiliation _____

Hotel Accommodations

The following rates have been quoted by the motels nearest Millsaps College: Sheraton Regency—750 N. State: \$38 single, \$42 double; Admiral Benbow—903 N. State: \$32 single, \$37 double; Holiday Inn Medical—2375 N. State: \$38 single, \$46 double.

Conference Co-sponsors

We extend our gratitude to the following organizations for their assistance in making this Third Quality of Life Conference successful.
 Site arrangements: Nancy White, Millsaps Business Office; Millsaps faculty and the Campus Ministry Team.

Major Funding: Jackson Public Schools; Mississippi Chapter and Central Mississippi Group, Sierra Club.
 Conference art work: Anna Webb and Henry Lee Collins

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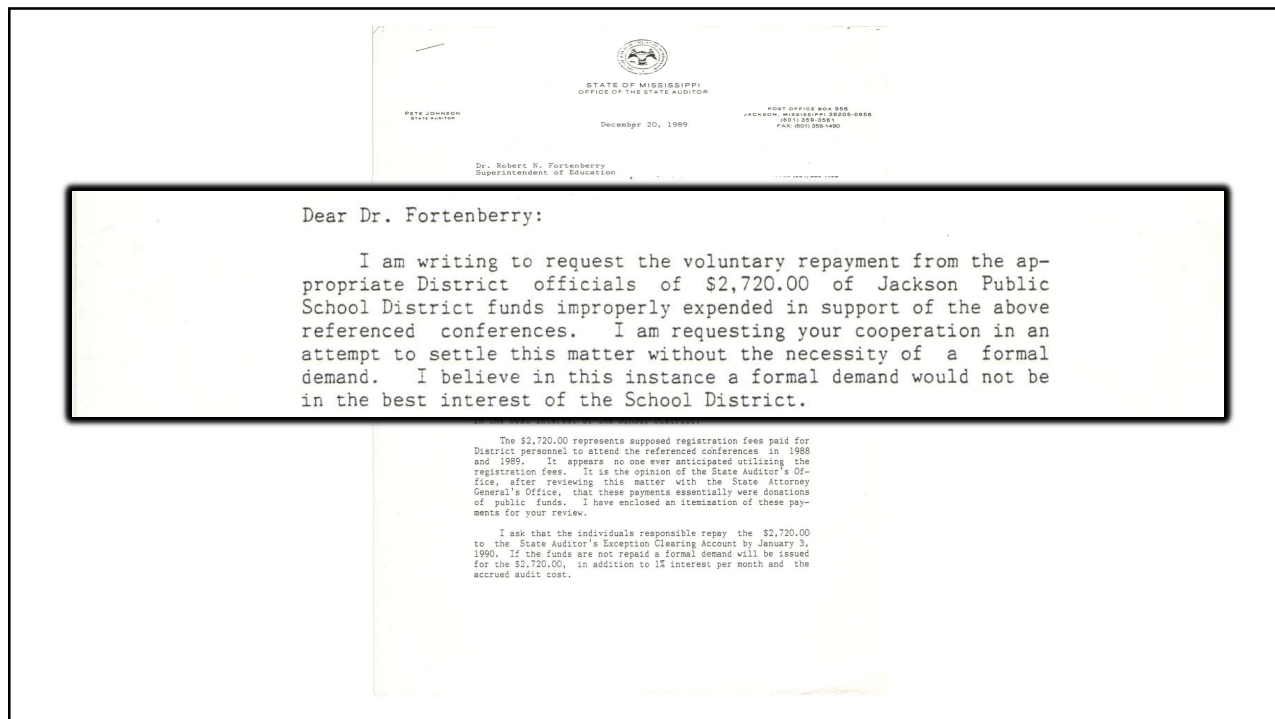
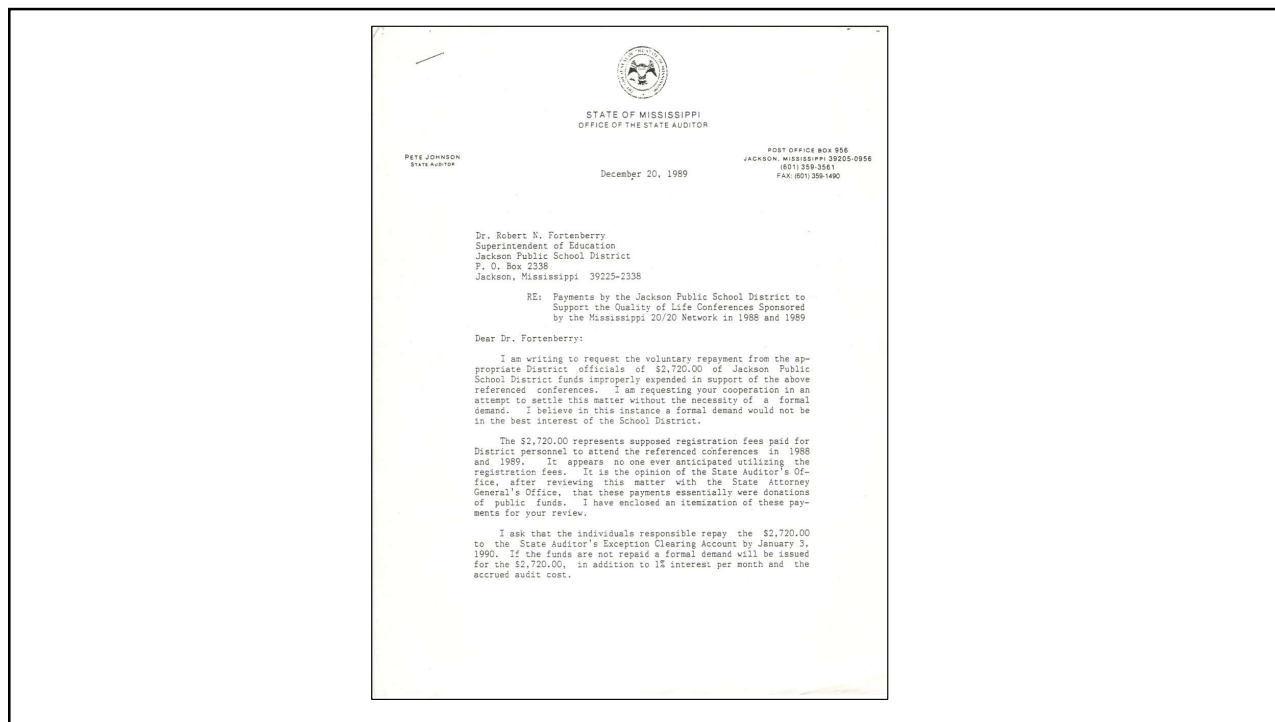
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3470312

Mississippi 2020
 P. O. Box 31292
 Jackson, MS 39286-1292
 601-366-8467

Customer's Order No. _____ Date 4-23 1989

Name _____

Address _____

QUAN	DESCRIPTION	PRICE	AMOUNT
	DREAMING IN THE DARK		11.60
	REBIRTH OF THE SACRED		11.61
	REBIRTH OF THE SACRED		11.61
			23.21

ALL claims and returned goods MUST be accompanied by this bill.

Rec'd by _____

MS-247 ALL PURPOSE SALES FORMS

3470312

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 P. O. Box 31292
 Jackson, MS 39286-1292
 601-366-8467

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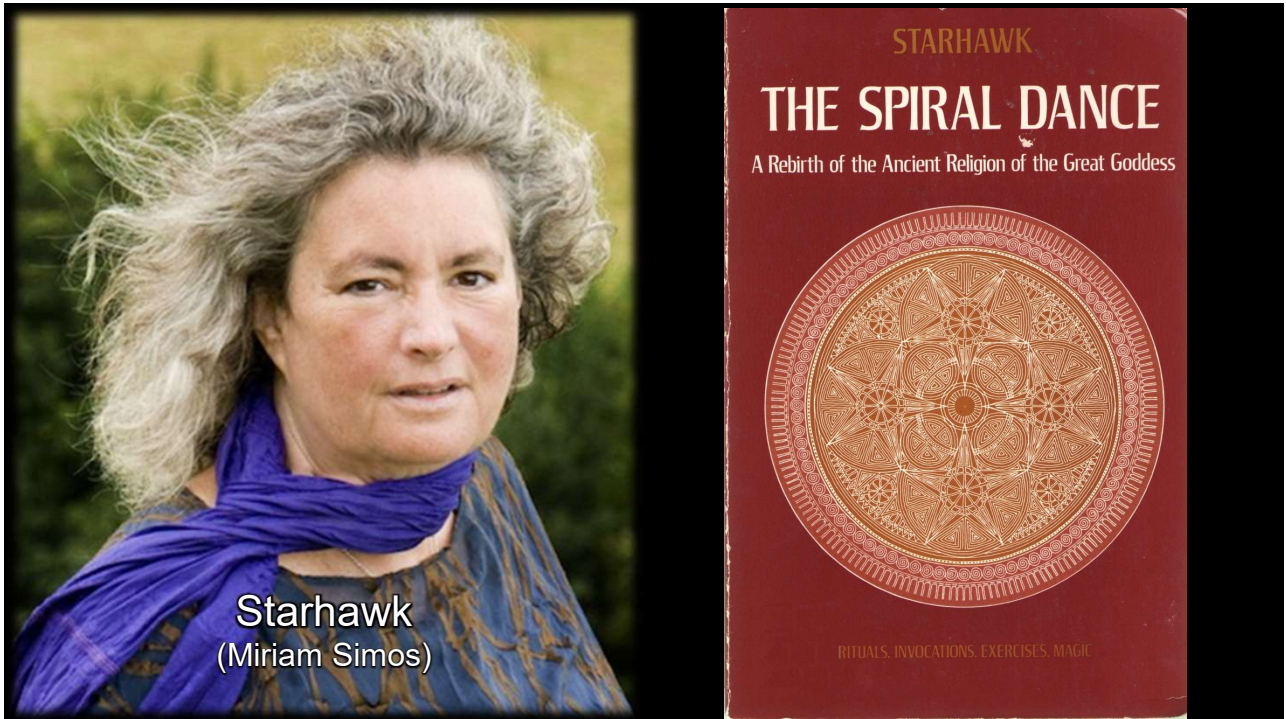
Address _____

QUAN	DESCRIPTION	PRICE	AMOUNT
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 P. O. Box 31292
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Name _____

Address _____

QUAN	DESCRIPTION	PRICE	AMOUNT
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	REBIRTH OF THE SACRED		11.61
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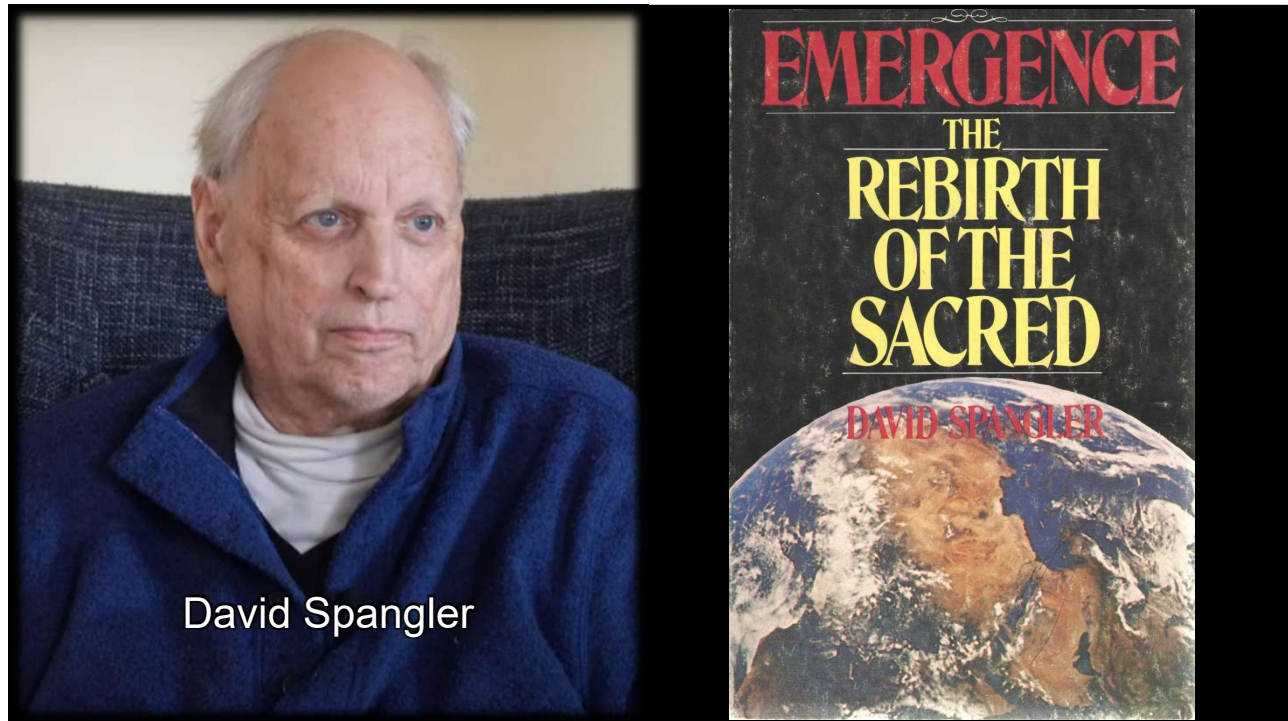
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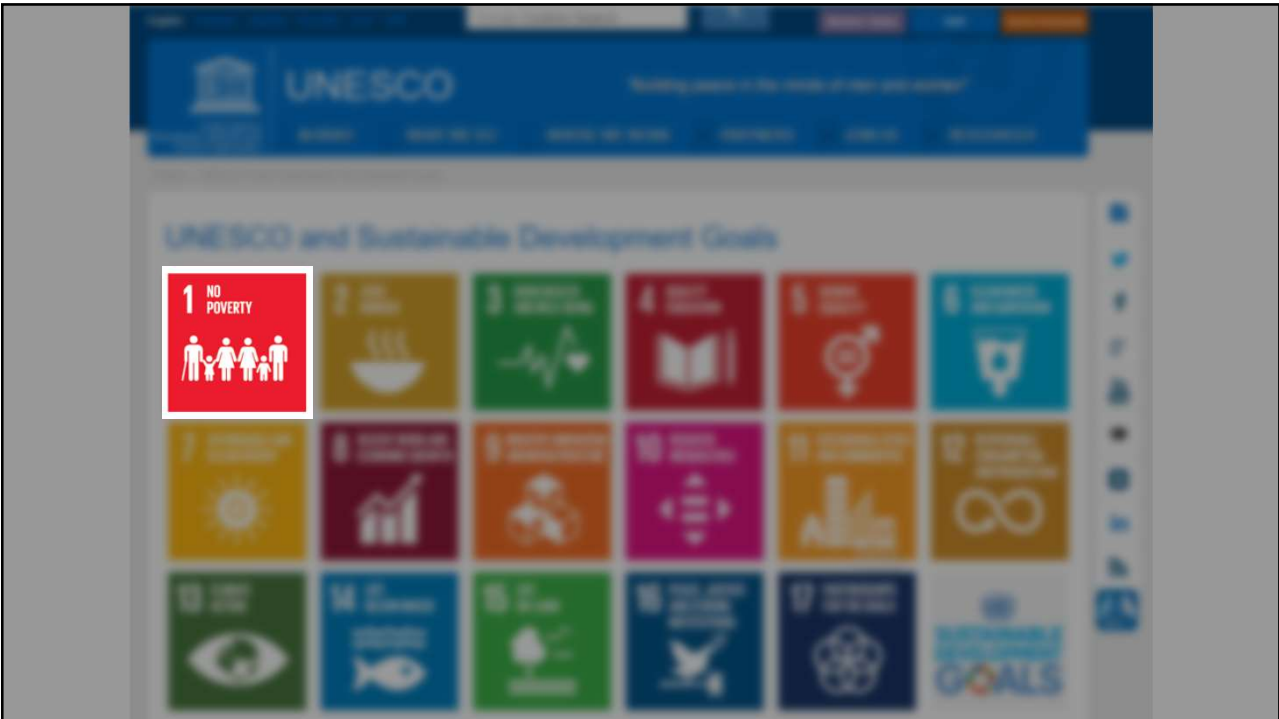
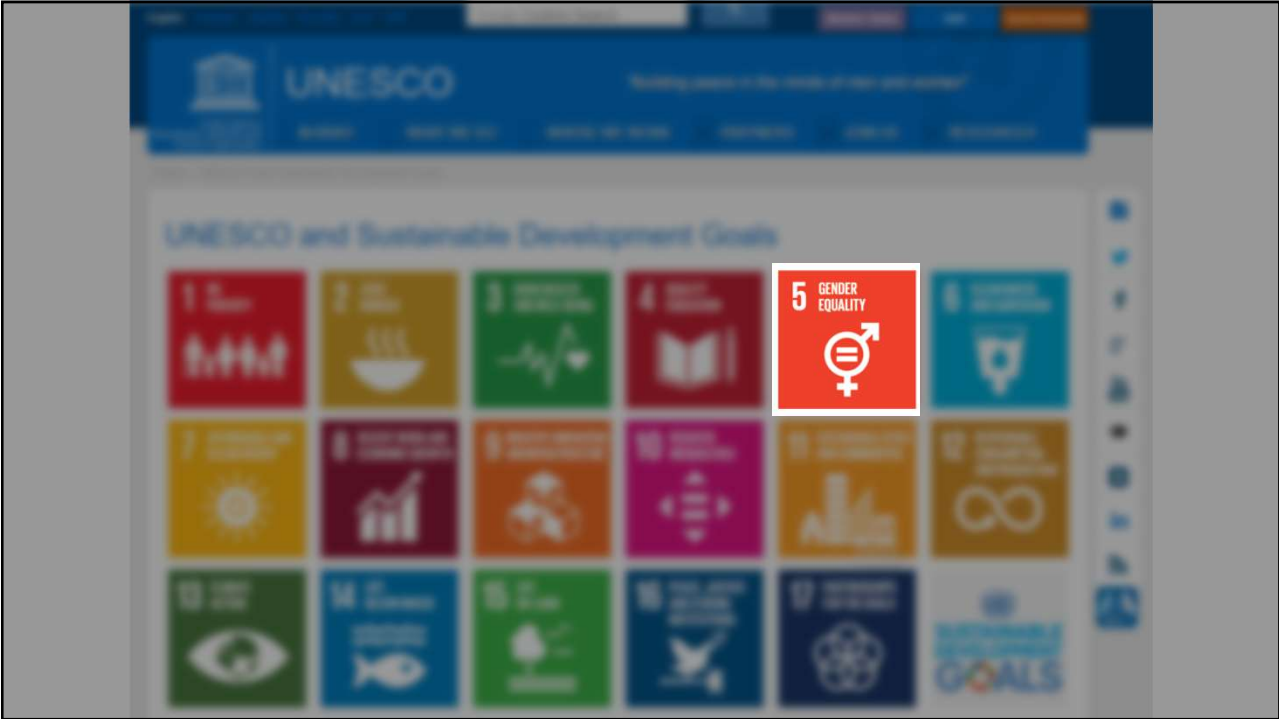
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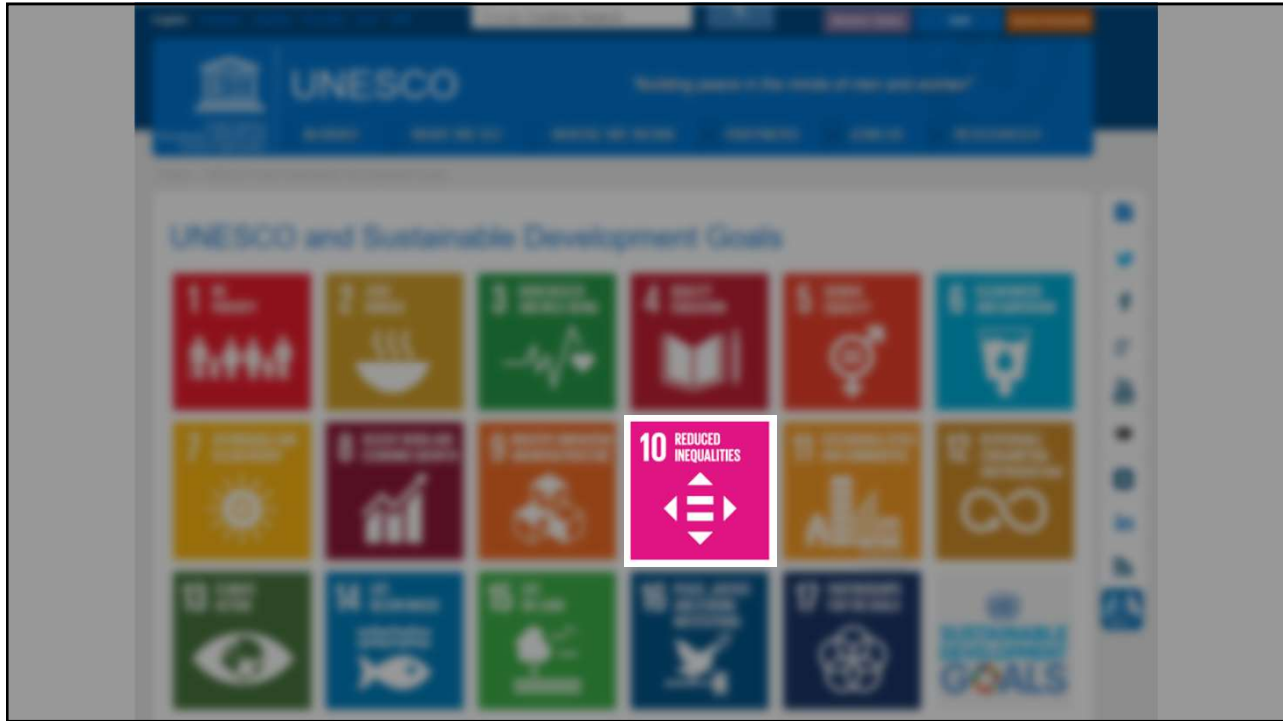
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MS-247 ALL PURPOSE SALES FORMS












**Incheon Declaration
and
Framework for Action**

for the implementation of
Sustainable Development Goal 4

Ensure inclusive and equitable
quality education and promote lifelong
learning opportunities for all



Towards 2030: a new vision for education

5. Our vision is to transform lives through education, recognizing the important role of education as a main driver of development and in achieving the other proposed SDGs. We commit with a sense of urgency to a single, renewed education agenda that is holistic, ambitious and aspirational, leaving no one behind. This new vision is fully captured by the proposed SDG 4 'Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all' and its corresponding targets. It is transformative and universal, attends to the 'unfinished business' of the EFA agenda and the education-related MDGs, and addresses global and national education challenges. It is inspired by a humanistic vision of education and development based on human rights and dignity; social justice; inclusion; protection; cultural, linguistic and ethnic diversity; and shared responsibility and accountability. We reaffirm that education is a public good, a fundamental human right and a basis for guaranteeing the realization of other rights. It is essential for peace, tolerance, human fulfillment and sustainable development. We recognize education as key to achieving full employment and poverty eradication. We will focus our efforts on access, equity and inclusion, quality and learning outcomes, within a lifelong learning approach.

6. Motivated by our significant achievements in expanding access to education over the last 15 years, we will ensure the provision of 12 years of free, publicly funded, equitable quality primary and secondary education, of which at least nine years are compulsory, leading to relevant learning outcomes. We also encourage the provision of at least one year of free and compulsory quality pre-primary education and that all children have access to quality early childhood development, care and education. We also commit to providing meaningful education and training opportunities for the large population of out-of-school children and adolescents, who require immediate, targeted and sustained action ensuring that all children are in school and are learning.

7. Inclusion and equity in and through education is the cornerstone of a transformative education agenda, and we therefore commit to addressing all forms of exclusion and marginalization, disparities and inequalities in access, participation and learning outcomes. No education target should be considered met unless met by all. We therefore commit to making the necessary changes in education policies and focusing our efforts on the most disadvantaged, especially those with disabilities, to ensure that no one is left behind.

7

Towards 2030: a new vision for education

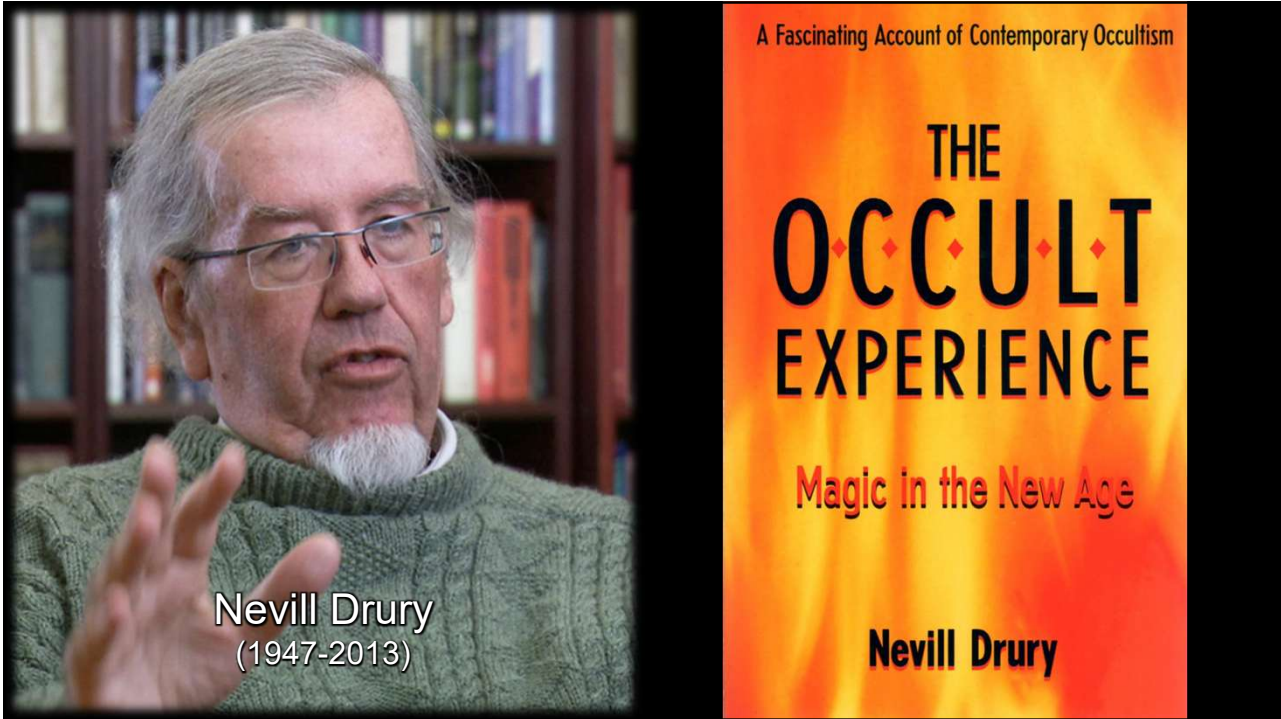
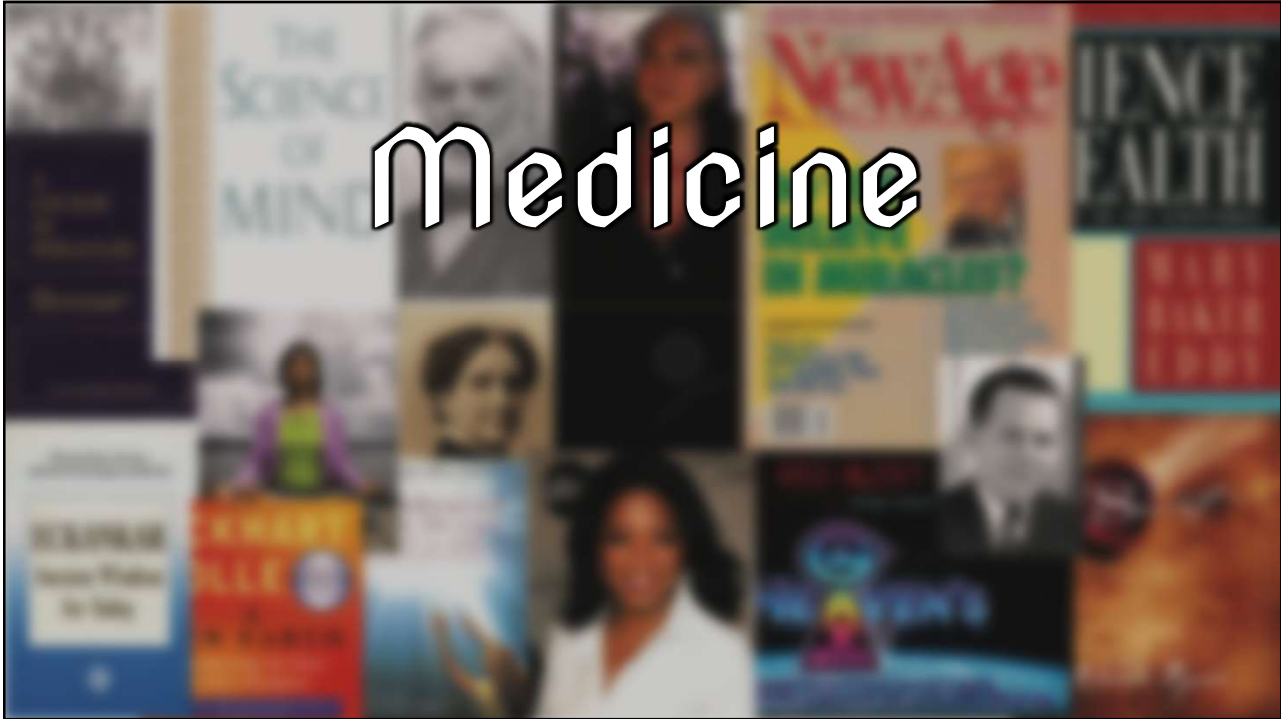
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Our vision is to transform lives through education, recognizing the important role of education as a main driver of development and in achieving the other proposed SDGs. We commit with a sense of urgency to a single, renewed education agenda that is **holistic**, ambitious and aspirational, leaving no one behind.

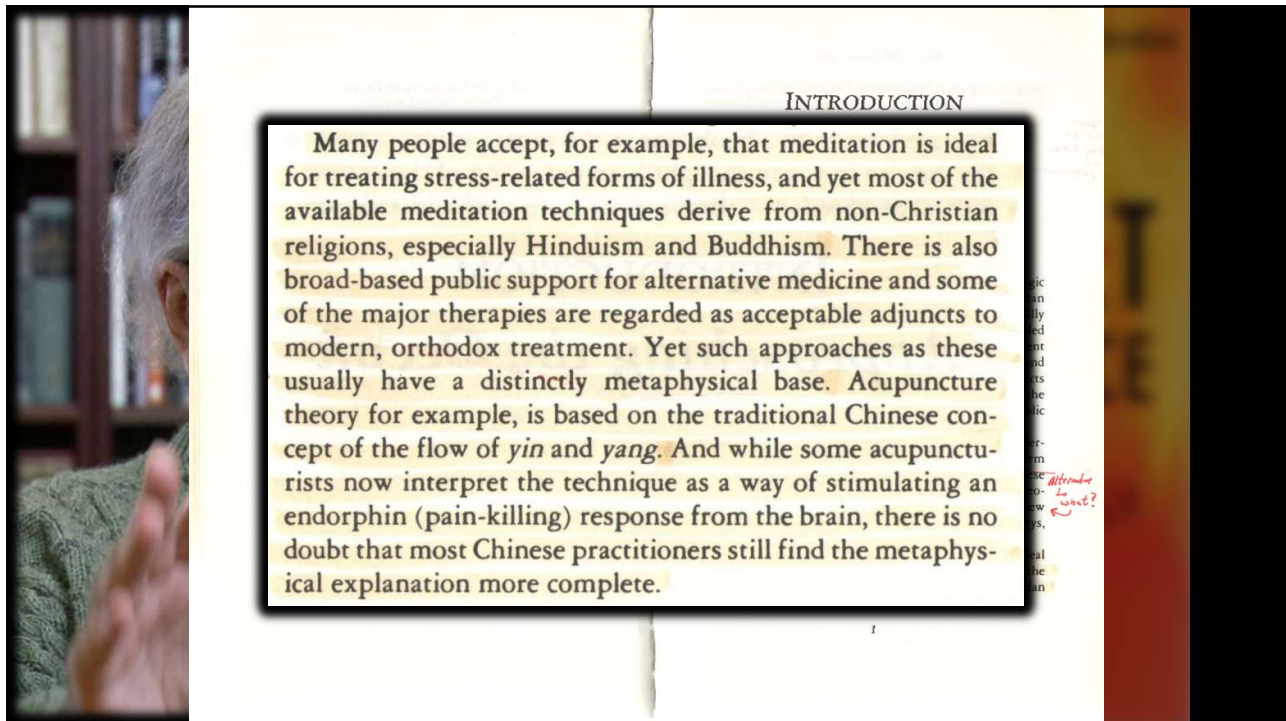
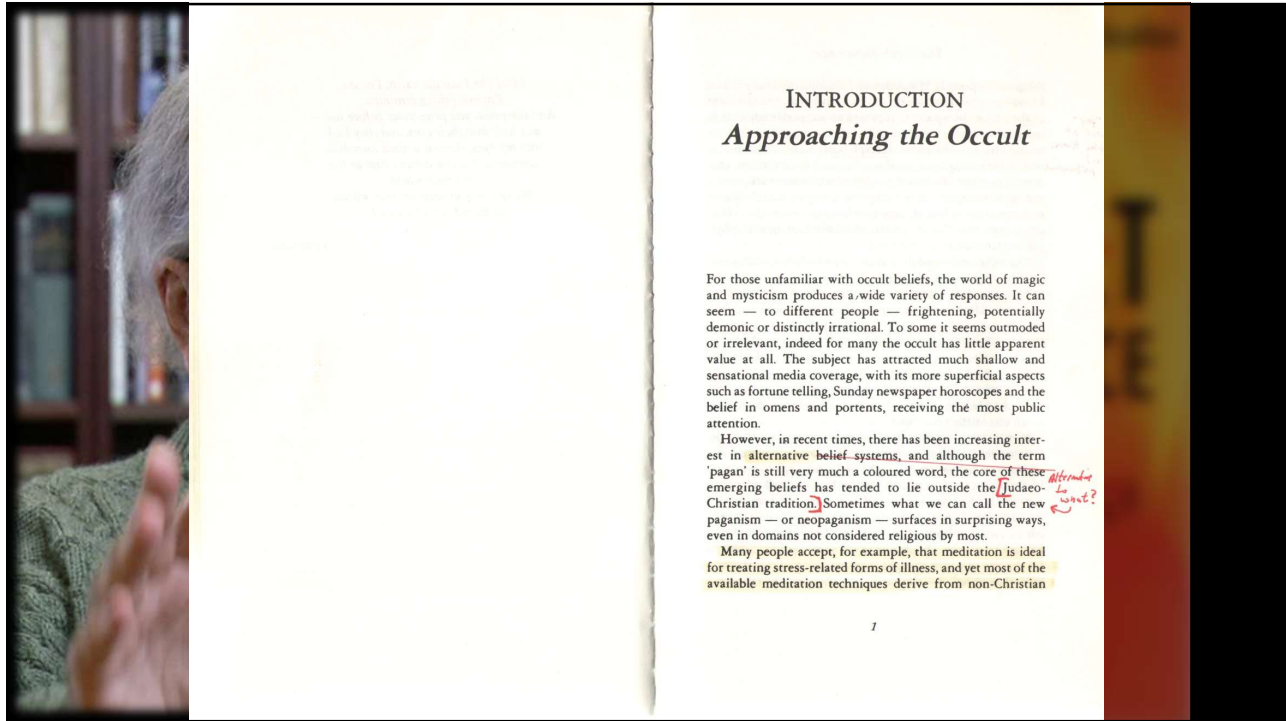
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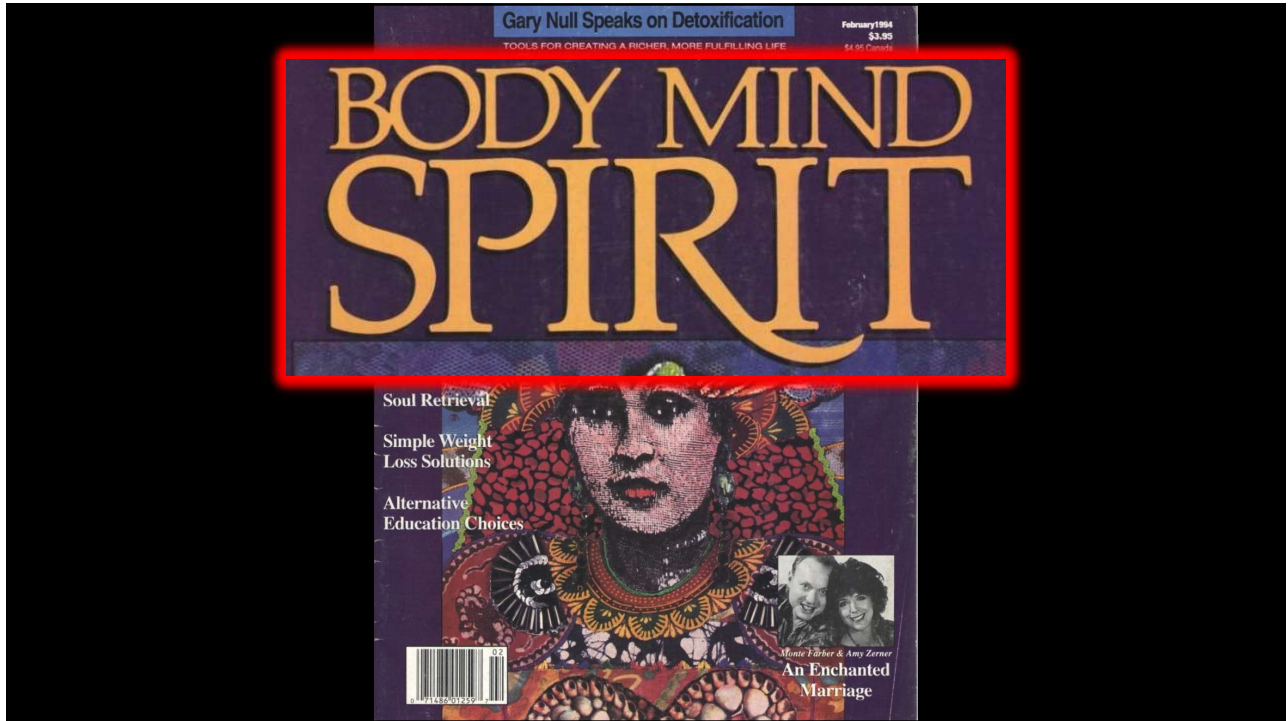
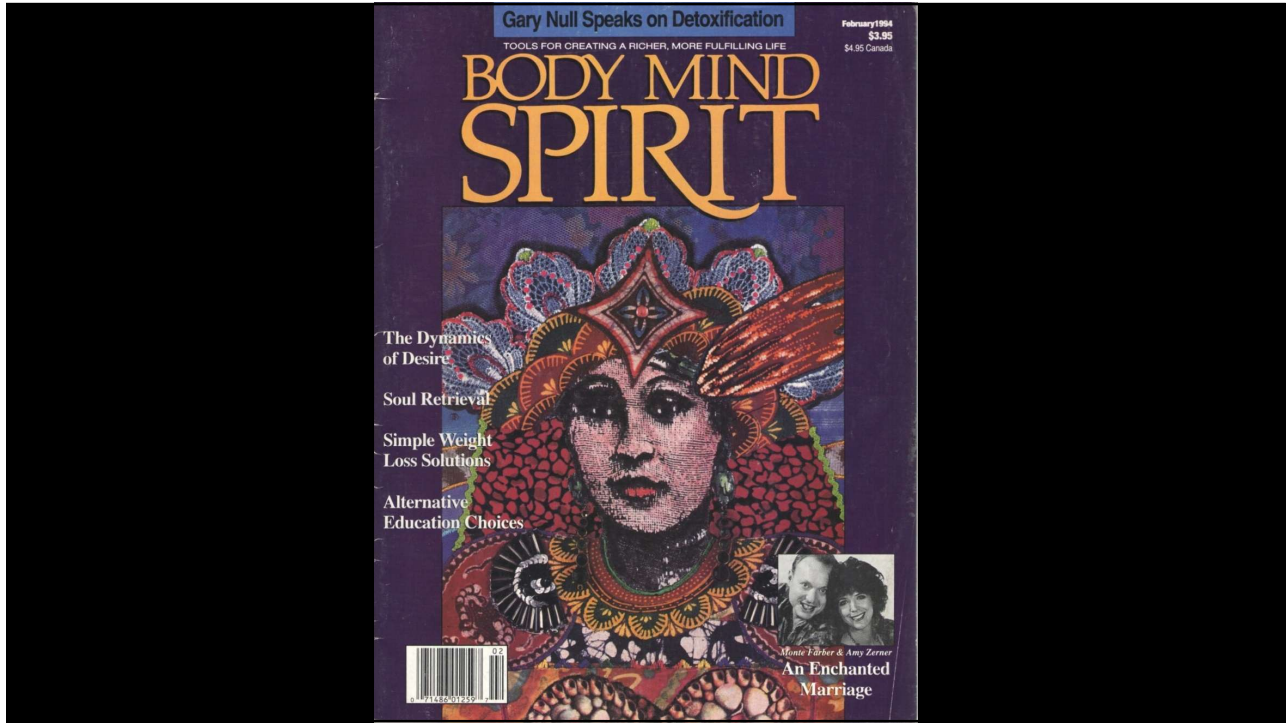
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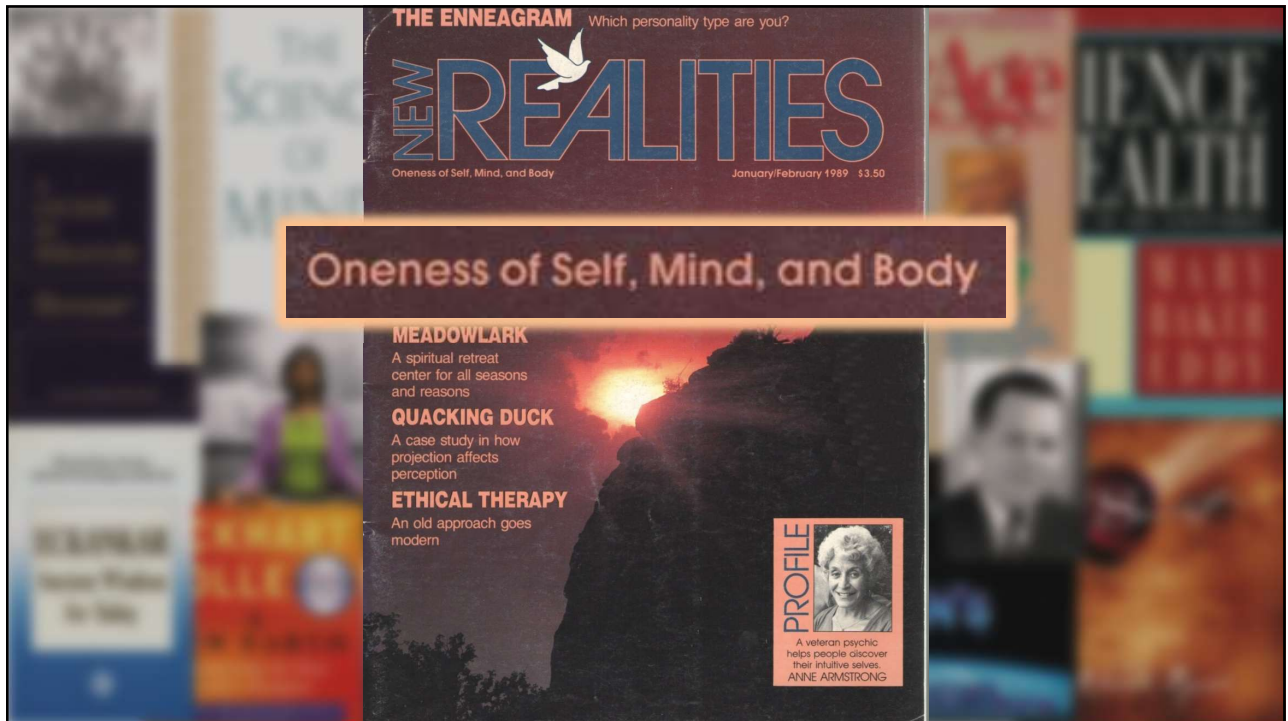
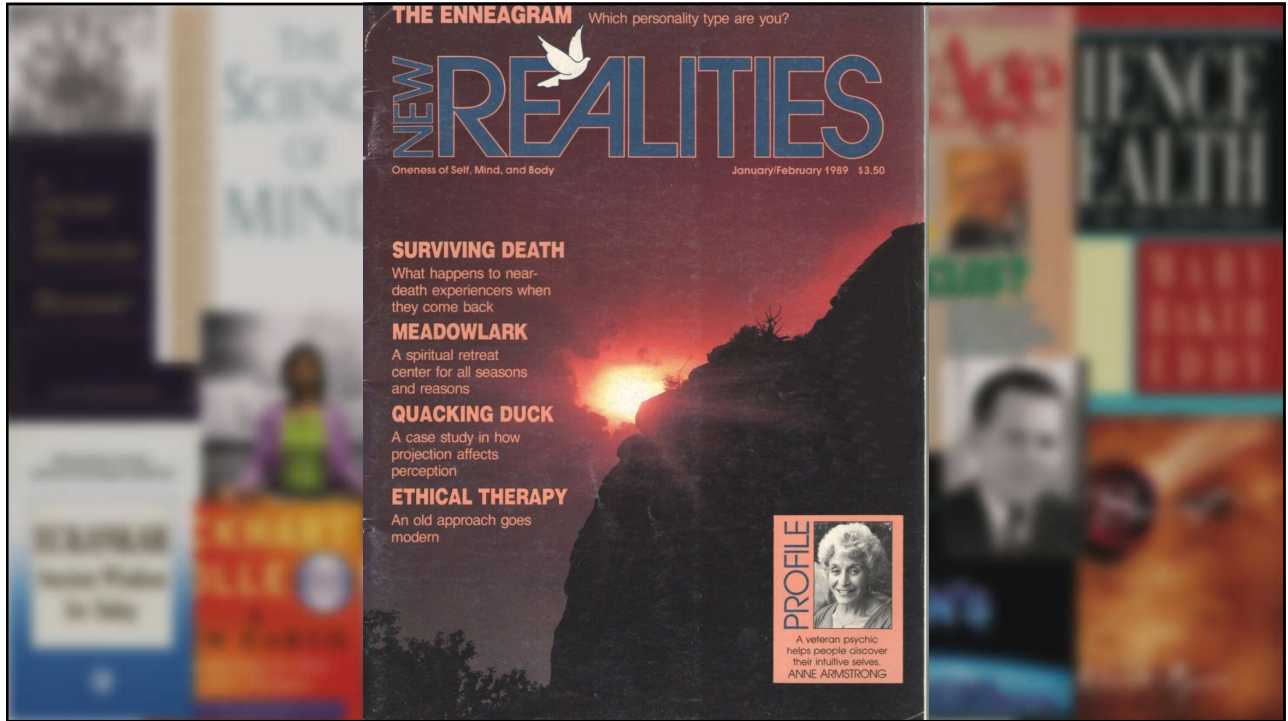
It is rights-based and inspired by a **humanistic vision of education and development**, based on the principles of human rights and dignity, social justice, peace, **inclusion** and protection, as well as cultural, linguistic and ethnic diversity and shared responsibility and accountability⁽ⁱⁱⁱ⁾.

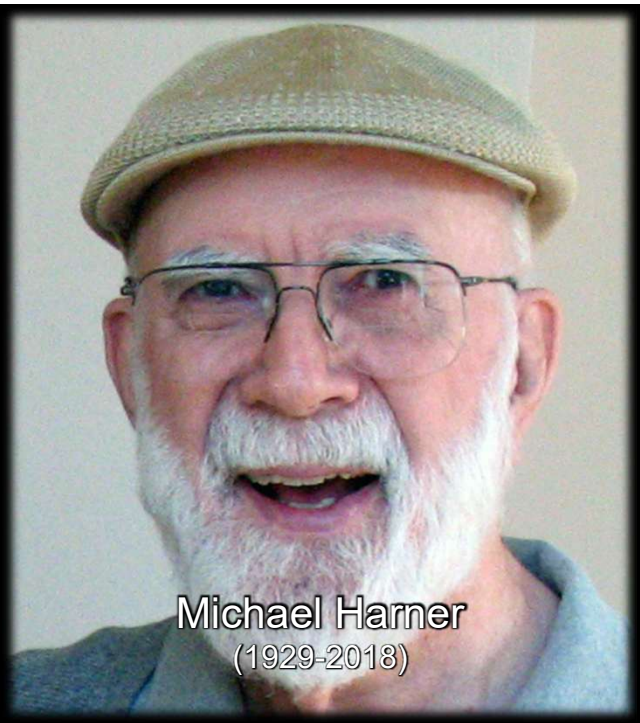
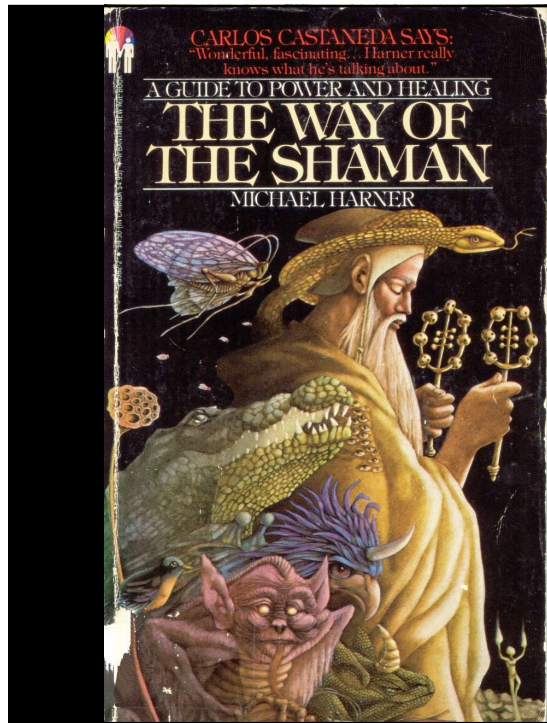


Nevill Drury
(1947-2013)





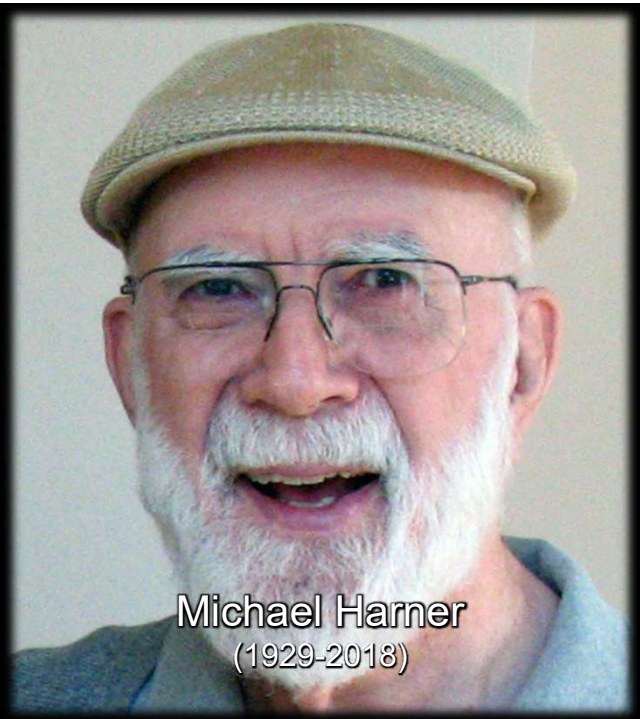




Michael Harner
(1929-2018)

"The burgeoning field of holistic medicine shows a tremendous amount of experimentation involving the reinvention of many techniques **long practiced in shamanism**, such as visualization, altered state of consciousness, aspects of psychoanalysis, hypnotherapy, meditation, positive attitude, stress-reduction, and mental and emotional expression of personal will for health and healing."

[Michael Harner, *The Way of the Shaman* (New York: Bantam New Age Books, 1980): 175]




Michael Harner
(1929-2018)

Milwaukee, November 2-4, 1990

HEALING FROM WITHIN

Intensive Training Workshop for Health Professionals
on
Guided Imagery



MARQUETTE UNIVERSITY
Division of Continuing Education
— and —
THE MEDICAL COLLEGE OF WISCONSIN

ABOUT THE WORKSHOP

Imagery has occupied an important place in the healing arts of many cultures. In the West, this approach had been relegated to obscurity for several centuries, but recently it again has assumed a position of prominence. Many now feel that of all the recent developments in the healing arts, perhaps the most significant one is our increased understanding of the healing potential of imagery. This belief is supported by an impressive body of experimental and clinical research which indicates that fast and extensive emotional, psychological, and physiological changes can be effected through imagery procedures. At times, the effectiveness is truly startling in both the rapidity and the extent of the cure. It has become apparent that talking about issues and trying to intellectually understand them often produces no real change. Images are a much closer approximation of inner experience than words, and hence it seems that images contain the seeds of healing.

The Division of Continuing Education at Marquette University and the Medical College of Wisconsin are proud to have three internationally recognized leaders in the field conducting this program, and urge you to take advantage of this rare opportunity. Throughout the program, the emphasis will be on practical rather than theoretical information. The leaders will devote much of the time to demonstrations and experiential sessions; and they will show that therapy need not be a long and laborious process.

The program is designed primarily for health professionals, and its aim is to significantly improve their clinical effectiveness. However, lay persons interested in enhancing health and growth will also find it rewarding. Don't miss this occasion to explore the phenomenal healing potential of the mind with our imagery experts.

FACULTY

JEANNE ACHTERBERG, PH.D.
Dr. Achterberg has received international recognition for her pioneering research in medicine and health psychology. She has developed innovative clinical applications and assessment strategies for catastrophic and chronic disease, and is particularly well-known for her work with imagery, biofeedback, and other self-regulation methods. She was on the faculty of Southwestern Medical School, University of Texas Health Science Center for 11 years, and is currently Professor of Psychology and Director of Research Foundation at the Institute for Transpersonal Psychology, Menlo Park, California.
Dr. Achterberg has authored over 100 papers and five books. Her book, *Imagery in Healing: Shamanism and Modern Medicine (Shambhala, 1989)*, is published in several languages, and critically acclaimed as a classic in the field of mind/body studies. Her most recent book, *Woman as Healer (Shambhala)*, was released this year, and *Rituals for Healing: Using Imagery for Health*, is to be published by Bantam Books in 1991.

EUGENE T. GENDLIN, PH.D.
Dr. Gendlin is Professor of Psychology at the University of Chicago. He founded the journal of the Psychotherapy Division of APA, *Psychotherapy: Theory, Research and Practice*, and edited it for many years. In 1970 he received the "Distinguished Professional Psychologist of the Year" award from the Psychotherapy Division of APA.
Dr. Gendlin is the author of numerous publications in psychology and philosophy. He has developed a therapeutic technique called "focusing," and his book, *Focusing (Bantam, 1981)*, has been translated into seven languages. Another book, *Let Your Body Interpret Your Dreams (Chiron, 1986)*, outlines a new method of dream interpretation which has been widely acclaimed.

ANEES A. SHEIKH, PH.D.
Dr. Sheikh, Professor and Chairman of the Department of Psychology at Marquette University is internationally recognized for his contributions to the field of mental imagery. He was the founding editor of the *Journal of Mental Imagery*, and now edits the *Imagery and Human Development Series*. His books include *The Potential of Fantasy and Imagination (Bantam, 1979)*, *Imagery: Current Theory, Research and Application (Wiley, 1983)*, *Imagination and Healing (Baywood, 1984)*, *Imagery in Education (Baywood, 1985)*, *Anthology of Imagery Techniques (American Imagery Institute, 1987)*, and *Eastern and Western Approaches to Healing (Wiley, 1989)*.
Dr. Sheikh has written numerous articles for scientific journals and also wrote the cover story, *Pictures of Health*, for the February 1989 issue of *Omn*, which has been reprinted widely abroad, most recently in the Soviet Union. Dr. Sheikh is past president of the American Association for the Study of Mental Imagery.

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EUGENE T. GENDLIN, PH.D.

Dr. Gendlin is Professor of Psychology at the University of Chicago. He founded the journal of the Psychotherapy Division of APA, *Psychotherapy: Theory, Research and Practice*, and edited it for many years. In 1970 he received the "Distinguished Professional Psychologist of the Year" award from the Psychotherapy Division of APA.

Dr. Gendlin is the author of numerous publications in psychology and philosophy. He has developed a therapeutic technique called "focusing," and his book, *Focusing* (Bantam, 1981) has been translated into seven languages. Another book, *Let Your Body Interpret Your Dreams* (Chiron, 1986), outlines a new method of dream interpretation which has been widely acclaimed.



ANEES A. SHEIKH, PH.D.

Dr. Sheikh, Professor and Chairman of the Department of Psychology at Marquette University is internationally recognized for his contributions to the field of mental imagery. He was the founding editor of the *Journal of Mental Imagery*, and now edits the *Imagery and Human Development Series*. His books include *The Potential of Fantasy and Imagination* (Brandon, 1979), *Imagery: Current Theory, Research, and Application* (Wiley, 1982), *Imagination and Healing* (Baywood, 1984), *Imagery in Education* (Baywood, 1985), *Anthology of Imagery Techniques* (American Imagery Institute, 1987), and *Eastern and Western Approaches to Healing* (Wiley, 1988).

Dr. Sheikh has written numerous articles for scientific journals and also wrote the cover story, *Pictures of Health*, for the February 1989 issue of *Omni*, which has been reprinted widely abroad, most recently in the Soviet Union. Dr. Sheikh is past president of the American Association for the Study of Mental Imagery.

PROGRAM INFORMATION

DATES/LOCATION:

November 2-4, 1990
Embassy Suites Hotel, Milwaukee West
P.O. Box 731, 1200 S. Moorland Road
Brookfield, WI 53005
(414) 782-2900

ACCOMMODATIONS:

Special conference rates have been arranged at the Embassy Suites Hotel (\$85 single, \$110 double). Every room is a luxurious two-room suite and the price includes free cooked-to-order breakfast, and free cocktails every evening from 5:30 to 7:30. The hotel has an indoor pool, whirlpool, steamroom, sauna and exercise room. A block of rooms (\$59.00 single, \$64.00 double) has also been reserved at the Midway Motor Lodge (414-786-9540), across the street from the Embassy Suites Hotel. Rooms at both places will be held until three weeks prior to the conference; thereafter, they will be on a space-available basis. Please make your reservation directly with the hotels and mention the Marquette University Conference when registering.

FEE:

\$235-on-site registration
\$220-advance registration, postmarked 10 days prior to the Conference
\$195-advanced registration, postmarked 30 days prior to the Conference
\$175-special discount registration for full-time students, the handicapped, and adults 65 years or older, postmarked 10 days prior to the Conference.
(Note: Proof of status must be sent.)

Telephone registration available with MasterCard or Visa credit cards. Call (414) 288-7347.

Or FAX your registration with your credit card number or with your company purchase order. Call (414) 288-3730.

NOTE: a \$15 additional fee is required per person for Continuing Education credit.

All fees are quoted and payable in U.S. dollars only.

SUBSTITUTIONS/REFUNDS:

Register today with our risk-free refund approach! If you cannot attend, call to substitute another person or transfer to another seminar. If you must withdraw, a full

refund will be issued if you do so at least two full working days before the seminar. (No refunds will be issued after the seminar has begun.)

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The Medical College of Wisconsin, accredited by the Council on the Continuing Education Unit, certifies that this program meets the criteria for 1.5 Continuing Education Units (CEU's).

Nurses: Courses approved for ACCME Category 1 Credits are accepted by the Board of Registered Nurses, State of California, toward fulfillment of the continuing education requirement for license renewal. This program provides 15 hours of continuing education credits. Application is also being submitted to the Wisconsin Nurses Association for accreditation.

Marquette University: 1.5 Continuing Education Units (CEU) are available through Marquette University's Division of Continuing Education upon successful completion of this program.

Certificate of Completion: All participants will receive a framable certificate of completion.

ADDITIONAL INFORMATION:

Provisions have been made to accommodate handicapped persons.

No tape recorders are permitted.

Marquette University does not discriminate in any manner contrary to law or justice on the basis of race, color, age, religion, veteran's status, sex, national origin or handicap in its educational programs or activities, including employment and admissions. At the same time, Marquette cherishes its right and duty to seek and retain personnel who will make a positive contribution to its religious character, goals and mission.

FOR FURTHER INFORMATION:

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Milwaukee, WI 53233
(414) 288-6360 or FAX (414) 288-3730

Dr. Achterberg has authored over 100 papers and five books. Her book, *Imagery in Healing: Shamanism and Modern Medicine* (Shambhala, 1985), is published in several languages, and critically acclaimed as a classic in the field of mind/body studies. Her most recent book, *Woman as Healer*, (Shambhala), was released this year, and *Rituals for Healing: Using Imagery for Health*, is to be published by Bantam Books in 1991.

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Biofeedback: The Yoga of the West

Finalist,
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The ability of the mind to control the body is the subject of this fascinating documentary.

It's said that Indian yogis can stop their hearts at will or remain in an airtight box for hours with no negative health effects. Some believe that proper biofeedback training can improve the mental and physical health of individuals with various illnesses.

Dr. Elmer Green, wife Judy, and daughter Alyce, along with colleagues from the Meminger Foundation, take an in-depth look at the notion that perhaps "if we can make ourselves sick, we can make ourselves well."

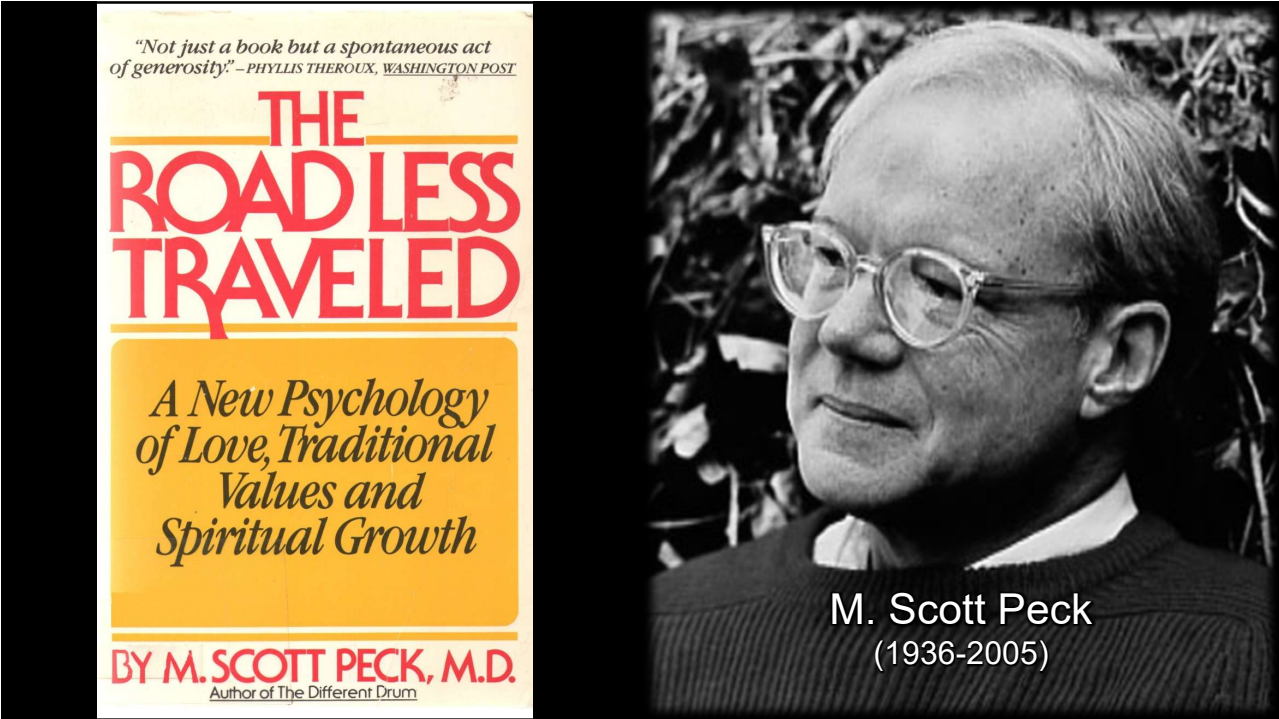
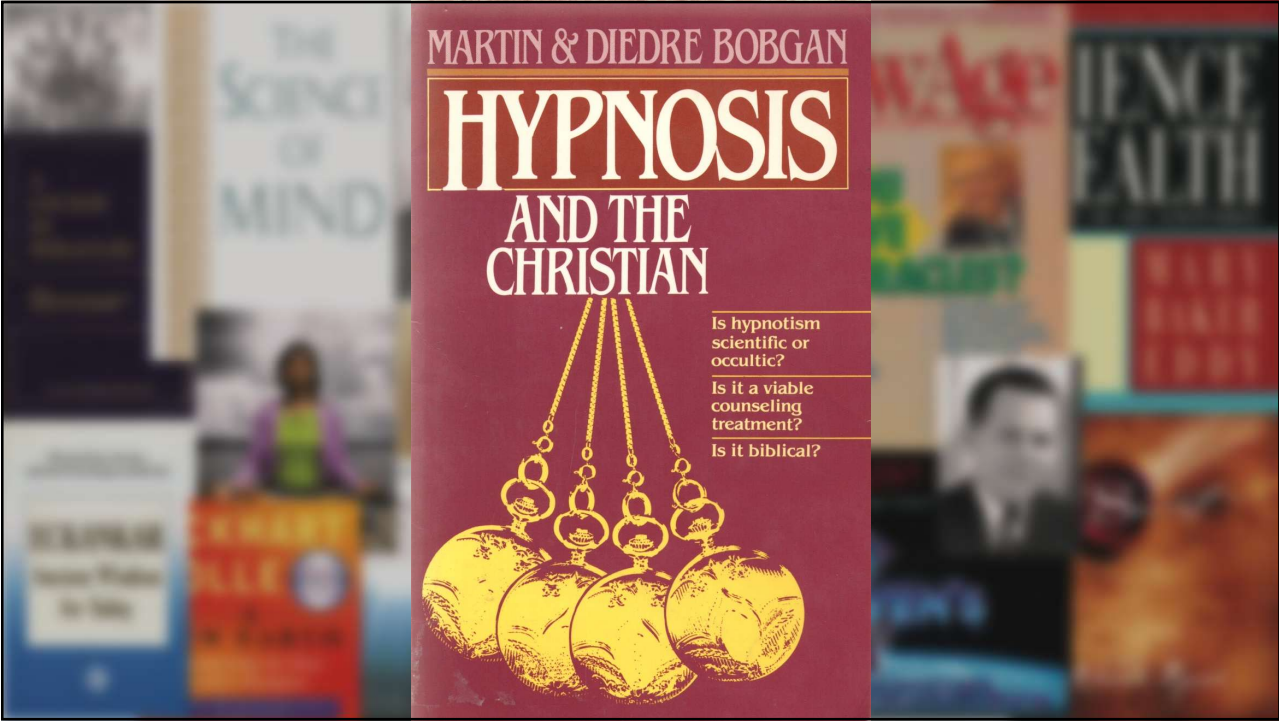
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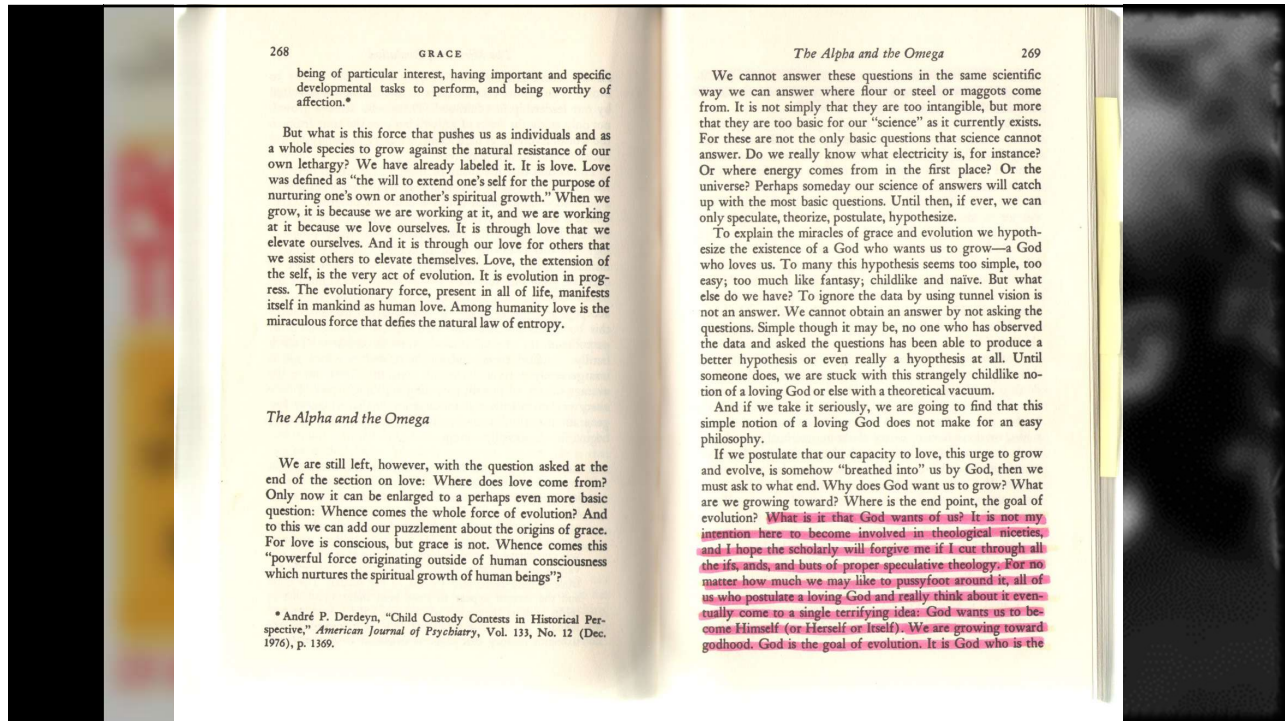
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Producers: Irving and Eida Hartley
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being of particular interest, having important and specific developmental tasks to perform, and being worthy of affection.*

But what is this force that pushes us as individuals and as a whole species to grow against the natural resistance of our own lethargy? We have already labeled it. It is love. Love was defined as "the will to extend one's self for the purpose of nurturing one's own or another's spiritual growth." When we grow, it is because we are working at it, and we are working at it because we love ourselves. It is through love that we elevate ourselves. And it is through our love for others that we assist others to elevate themselves. Love, the extension of the self, is the very act of evolution. It is evolution in progress. The evolutionary force, present in all of life, manifests itself in mankind as human love. Among humanity love is the miraculous force that defies the natural law of entropy.

The Alpha and the Omega

We are still left, however, with the question asked at the end of the section on love: Where does love come from? Only now it can be enlarged to a perhaps even more basic question: Whence comes the whole force of evolution? And to this we can add our puzzlement about the origins of grace. For love is conscious, but grace is not. Whence comes this "powerful force originating outside of human consciousness which nurtures the spiritual growth of human beings"?

* André P. Derdeyn, "Child Custody Contests in Historical Perspective," *American Journal of Psychiatry*, Vol. 133, No. 12 (Dec. 1976), p. 1369.

We cannot answer these questions in the same scientific way we can answer where flour or steel or maggots come from. It is not simply that they are too intangible, but more that they are too basic for our "science" as it currently exists. For these are not the only basic questions that science cannot answer. Do we really know what electricity is, for instance? Or where energy comes from in the first place? Or the universe? Perhaps someday our science of answers will catch up with the most basic questions. Until then, if ever, we can only speculate, theorize, postulate, hypothesize.

To explain the miracles of grace and evolution we hypothesize the existence of a God who wants us to grow—a God who loves us. To many this hypothesis seems too simple, too easy; too much like fantasy; childlike and naive. But what else do we have? To ignore the data by using tunnel vision is not an answer. We cannot obtain an answer by not asking the questions. Simple though it may be, no one who has observed the data and asked the questions has been able to produce a better hypothesis or even really a hypothesis at all. Until someone does, we are stuck with this strangely childlike notion of a loving God or else with a theoretical vacuum.

And if we take it seriously, we are going to find that this simple notion of a loving God does not make for an easy philosophy.

If we postulate that our capacity to love, this urge to grow and evolve, is somehow "breathed into" us by God, then we must ask to what end. Why does God want us to grow? What are we growing toward? Where is the end point, the goal of evolution? **What is it that God wants of us? It is not my intention here to become involved in theological niceties, and I hope the scholarly will forgive me if I cut through all the ifs, ands, and buts of proper speculative theology. For no matter how much we may like to pussyfoot around it, all of us who postulate a loving God and really think about it eventually come to a single terrifying idea: God wants us to become Himself (or Herself or Itself). We are growing toward godhood. God is the goal of evolution. It is God who is the**

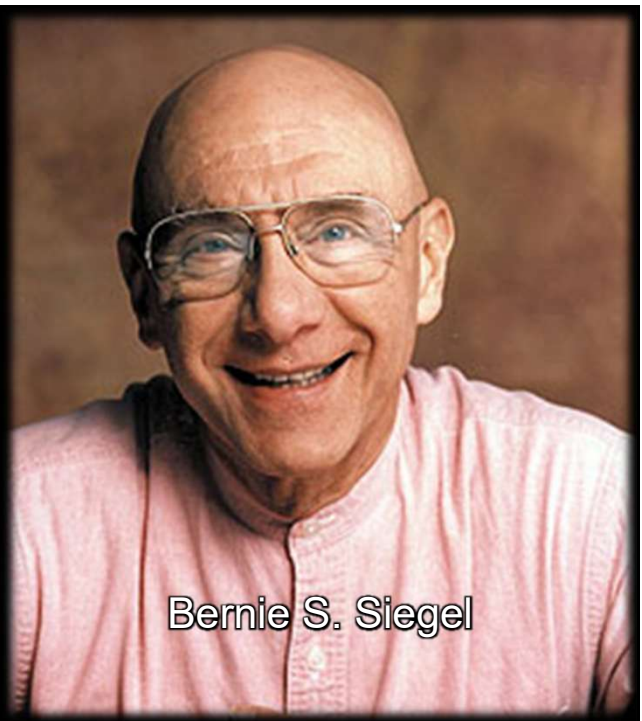
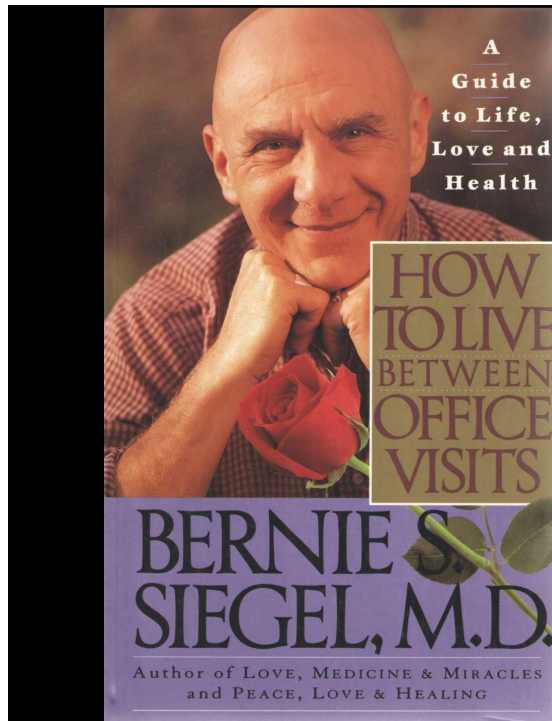
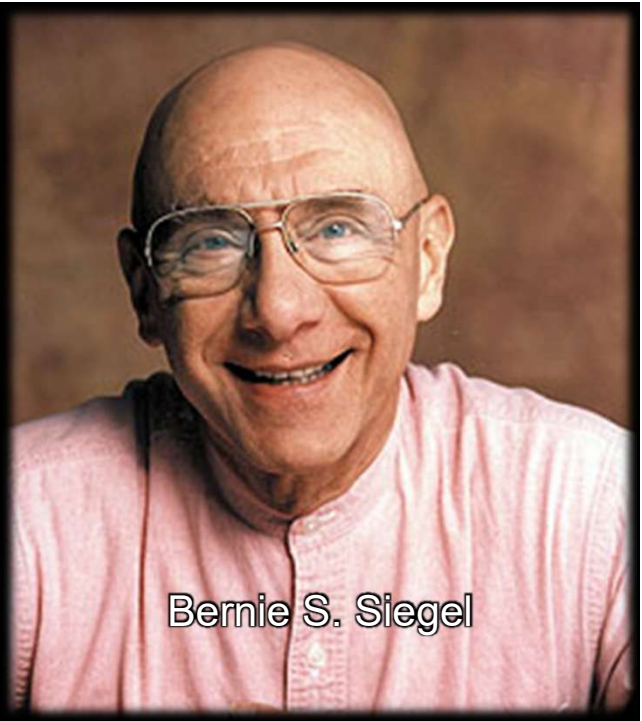
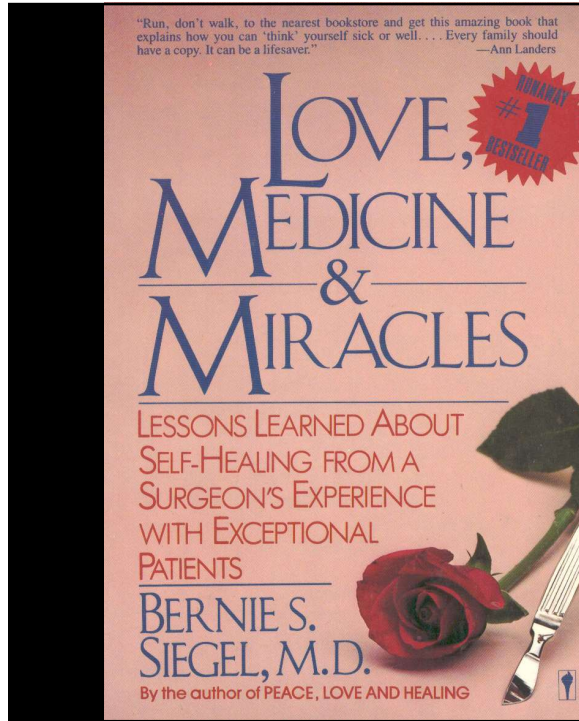
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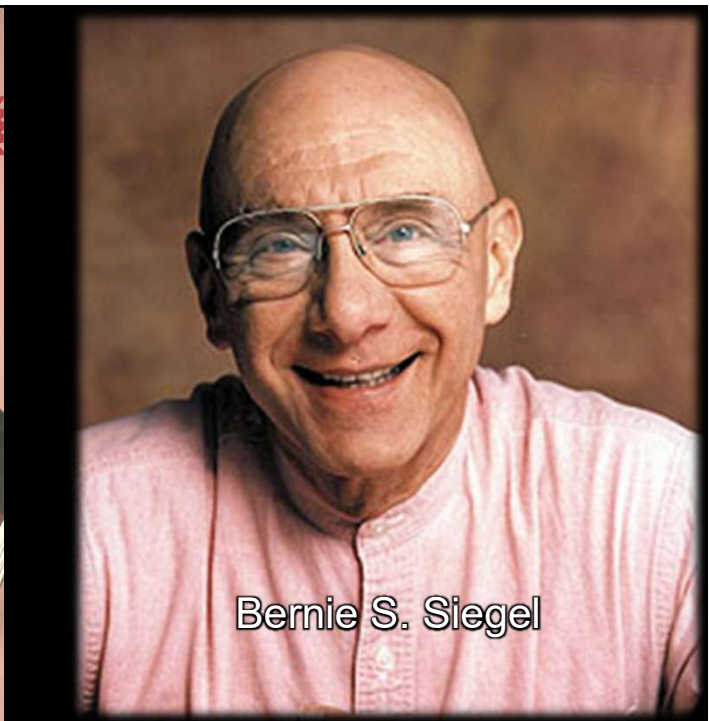
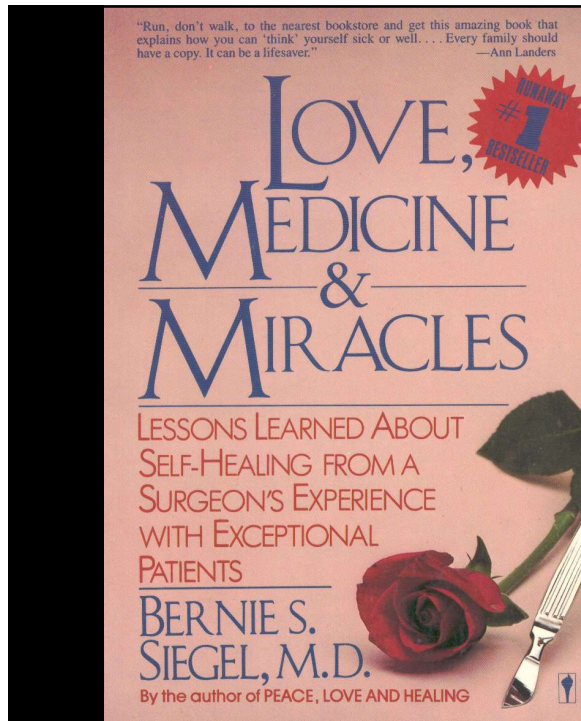
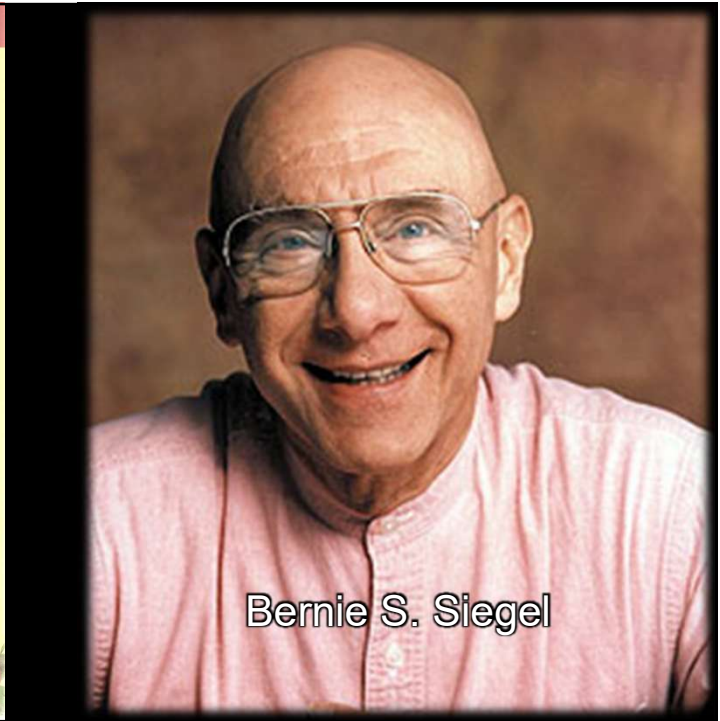
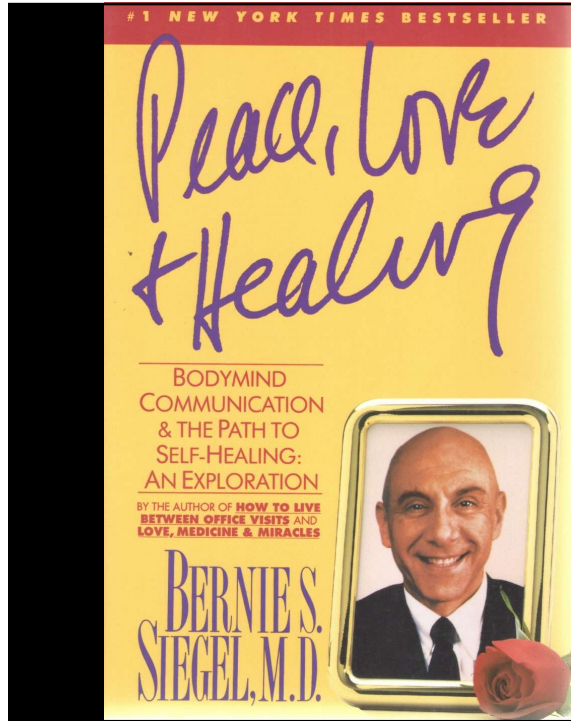
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The Simontons taught us how to meditate. At one point they led us in a directed meditation to find and meet an inner guide. I approached this exercise with all the skepticism one expects from a mechanistic doctor. Still, I sat down, closed my eyes, and followed directions. I didn't believe it would work, but if it did I expected to see Jesus or Moses. Who else would dare appear inside a surgeon's head?

Instead I met George, a bearded, long-haired young man wearing an immaculate flowing white gown and a skullcap. It

I do not know when it was that I understood that it is precisely this hell in which we wage our lives that offers us the energy, the possibility to care for each other. A surgeon does not slip from his mother's womb with compassion smeared upon him like the drippings of his birth. It is much later that it comes. No easy shaft of grace this, but the cumulative murmuring of the numberless wounds he has dressed, the incisions he has made, all the sores and ulcers and cavities he has touched in order to heal. In the beginning it is barely audible, a whisper, as from many mouths. Slowly it gathers, rising from the streaming flesh until, at last, it is a pure calling—an exclusive sound, like the cry of certain solitary birds—telling that out of the resonance between the sick man and the one who tends him there may spring that profound courtesy that the religious call Love.

A GUIDE APPEARS

In June 1978, my practice of medicine changed as a result of an unexpected experience I had at a teaching seminar. Oncologist O. Carl Simonton and psychologist Stephanie Mathews (then his wife) gave a workshop—Psychological Factors, Stress, and Cancer—at the Elmcrest Institute in Portland, Connecticut. The Simontons were the first Western practition-

was an incredible awakening for me, because I hadn't expected anything to happen. As the Simontons taught us to communicate with whomever we'd called up from our unconscious minds, I found that talking to George was like playing chess with myself, but without knowing what my alter ego's next move would be.

George was spontaneous, aware of my feelings, and an excellent adviser. He gave me honest answers, some of which I didn't like at first. I was still toying with the idea of a career change. When I told him, he explained that I was too proud to give up the hard-won technical proficiency of surgery and start from scratch in another discipline. Instead, he told me I could do more good by remaining a surgeon but changing my self to help my patients mobilize their mental powers against disease. I could combine the support and guidance of a minister or psychiatrist with the resources and expertise of a physician. I could practice "clergy," a term my wife coined. In the hospital I could be a role model for students, house officers, and even other physicians. George said, "You can go anywhere in the hospital. A clergyman or therapist can't. You are free to supplement medical treatment with love or death-and-dying counseling, in a way that nonphysicians are not."

I suppose you may call George a "meditatively released insight from my unconscious," or some such, if you must have an intellectual label for him. All I know is that he has been my invaluable companion ever since his first appearance. My life is much easier now, because he does the hard work.

the distinctions between the "mystical" and the "mundane" break down.

This experience taught me that the unconscious can take care of everything, and I don't have to prepare for my lectures anymore. Whether George exists as a spiritual guide or simply exists inside of me as part of my collective unconscious or intuition, the power is there for all of us, if we will let it come through. As Socrates replied when asked if he had prepared his defense:

Death is no barrier to this intuitive, spiritual consciousness. It continues after death, and it communicates between the dead and the living. Iris, a blind diabetic who developed

I told her I loved her and all that she was sharing with me. When we went out of the examining room, her family was

As I have opened myself to my patients' beliefs, I have received many messages from those who have died. Josie was

the dead and the living. Iris, a blind diabetic who developed cancer, underwent a similar experience. One day she called her two daughters into her hospital room and told them, "Girls, I can see again. My mother and father came for me and held out an apple. They said when I bite into it I will join them. I told them my grandson's birthday was on Tuesday, and I would join them then." She died after the party on Tuesday.

Before she passed away, one of her daughters said, "Mom, if you die I want to die, too. I can't go on without you." Two weeks later Iris appeared to her daughter and said, "Look, I have ten minutes. This is against the rules. I am in a beautiful place and I am loved. I can't be worrying about you doing something silly."

As I have opened myself to my patients' beliefs, I have received many messages from those who have died. Josie was

a wonderful woman who had given everyone who knew her the gift of love and humor. While at the hospice, for example, she thought she heard a noise and asked if someone was at the door. The nurse said, "Oh, I just kicked your bucket." Josie replied, "I'm here trying to kick the bucket, and for you it's easy." She was one of the exceptional people who lived until the moment of death.

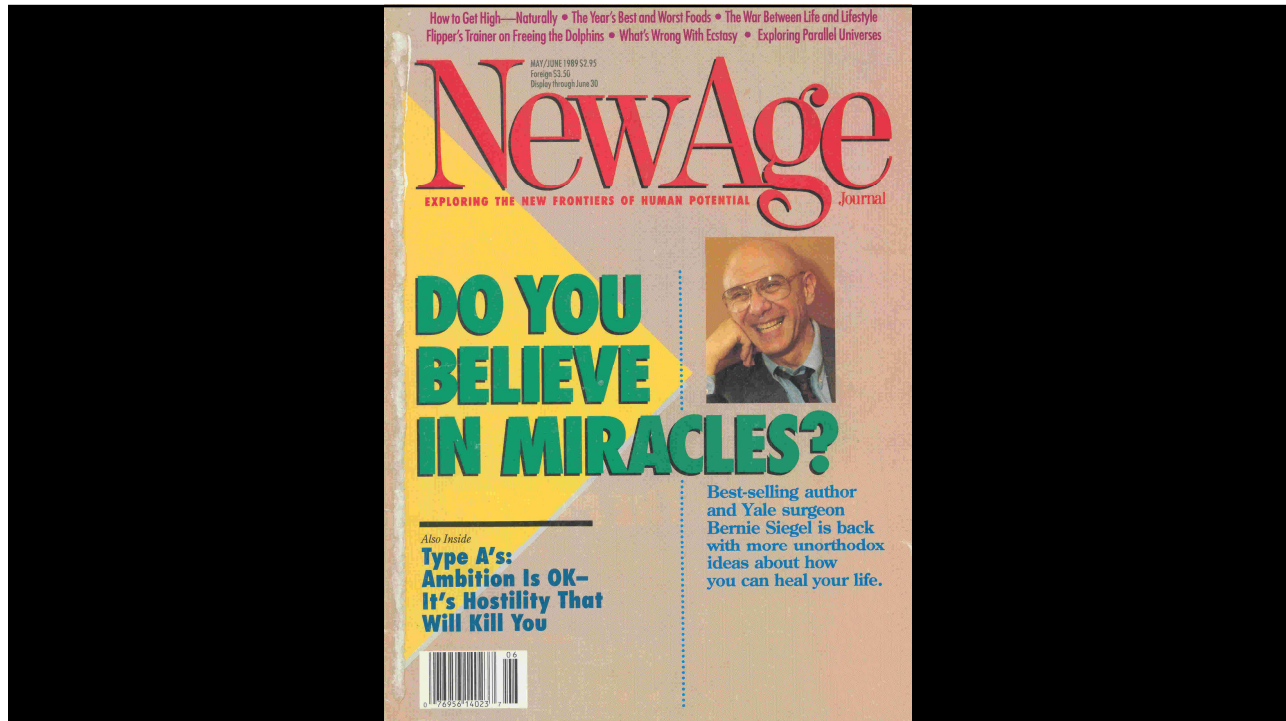
funeral. I sure my could be in New York in the a radio on that day, since I would already be in the city. I agreed, but on the Monday before the show someone from the station called and

life that n't died how to mid the tell her he could

and then turned to get her breakfast tray. When he turned back, she had died.

Josie's son called me to tell me she had died, and that there had been a debate about whether to have the funeral Friday or Sunday. I said, "Your mother wants it at noon on Friday." He said, "I don't know how you know, but that's what we decided."

After I'd learned of Josie's death, I went to meditate in the hospital chapel, a small closet-like room with no windows. A plaque on the wall suddenly began to shake for no discernible reason. I looked at it and read the message: "In the midst of life I am with you." I knew it was a message from Josie. On Friday, as I was nearing the end of my eulogy, the loudspeaker in the funeral home suddenly went off. I felt that was another message from Josie, saying, "Enough already!"



HEALTH

The Triumph of New-Age Medicine

Medicine has long decried acupuncture, homeopathy, and the like as dangerous nonsense that preys on the gullible. Again and again, carefully controlled studies have shown alternative medicine to work no better than a placebo. But now many doctors admit that alternative medicine often seems to do a better job of making patients well, and at a much lower cost, than mainstream care—and they're trying to learn from it.

Stephen Webster

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f t in e p

DAVID H. FREEDMAN | JULY/AUGUST 2011 ISSUE

I MEET BRIAN BERMAN, a physician of gentle and upbeat demeanor, outside the stately Greek columns that form the facade of one of the nation's oldest medical-lecture halls, at the edge of the University of Maryland Medical Center in downtown Baltimore. The research center that Berman directs sits next door, in a much smaller, plainer, but still venerable-looking two-story brick building. A staff of 33 works there, including several physician-researchers and practitioner-researchers, funded in part by \$35 million in grants over the past 14 years from the National Institutes of Health, which has named the clinic a Research Center of Excellence. In addition to conducting research, the center provides medical care. Indeed, some patients wait as long as two months to begin treatment there—referrals from physicians all across the medical center have grown beyond the staff's capacity. "That's a big change," says Berman, laughing. "We used to have

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The Center for Integrative Medicine, Berman's clinic, is focused on alternative medicine, sometimes known as "complementary" or "holistic" medicine. There's no official list of what alternative medicine actually comprises, but treatments falling under the umbrella typically include acupuncture, homeopathy (the administration of a glass of water supposedly containing the undetectable remnants of various semi-toxic substances), chiropractic, herbal medicine, Reiki ("laying on of hands," or "energy therapy"), meditation (now often called "mindfulness"), massage, aromatherapy, hypnosis, Ayurveda (a traditional medical practice originating in India), and several other treatments not normally prescribed by mainstream doctors. The term *integrative medicine* refers to the conjunction of these practices with mainstream medical care.

of Excellence. In addition to conducting research, the center provides medical care. Indeed, some patients wait as long as two months to begin treatment there—referrals from physicians all across the medical center have grown beyond the staff's capacity. "That's a big change," says Berman, laughing. "We used to have

The screenshot shows the top portion of the Longevity Health Center website. At the top is a yellow horizontal bar. Below it is the navigation menu with links for 'About', 'Services', 'Supporting Therapies', 'Resources', 'Pricing', 'Shop', and 'New Patient Portal'. To the right of the menu are search, Facebook, email, and Instagram icons. The logo for Longevity Health Center, featuring a stylized plant, is on the left. The main content area has a background image of a glass containing a yellow liquid and green herbs. The text reads: 'Natural Health Care for the Whole Family'. Below this is a sub-headline: 'Experience Holistic Wellness, Naturopathic Medicine, Acupuncture, and Homeopathic and Nutritional Healing in Roswell, Georgia and the Metro Atlanta Area.' At the bottom of this section are two buttons: 'LEARN MORE' and 'CONTACT US'.

This screenshot shows the content area of the website. It features the same navigation and logo as the previous section. The background image shows a person's hands being held by another person. The main heading is 'BIO ENERGETIC EVALUATION'. Below this, there are two columns of text. The left column is titled 'What is the Bio Energetic Evaluation?' and contains three paragraphs. The right column is titled 'What Will the Testing Reveal?' and contains two paragraphs. The text in the right column includes a bolded warning: 'BE ADVISED: While Bio Energetic Evaluation is capable of detecting energetic imbalances that may be associated with past, current or potential illness, it cannot predict and does not diagnose the physical presence of'.

What is the Bio Energetic Evaluation?

Bioenergetic regulation begins with the premise that the body's bioelectrical system is the governing system of the body. This can be substantiated by **physiological fact**. We know that the heart beats due to electrical irritation on its wall, and most of us are aware that death occurs when brain wave function ceases.

The importance of biophysics to health is by no means new.

This idea is the theoretical basis of traditional Chinese medicine, which is over 4000 years old.

Homeopathy, which was developed over 200 years ago in Germany, also impacts upon the energetic system of the body. Animal, plant and mineral substances are diluted, often beyond the point where a molecule of the initial substance can still remain. **Paradoxically, these diluted substances have greater impact the more times they are diluted.**

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WELCOME CLASS OF 2019
The Complementary and Alternative Medicine (CAM) Program welcomes its new class as they embark on their journey at Georgetown!

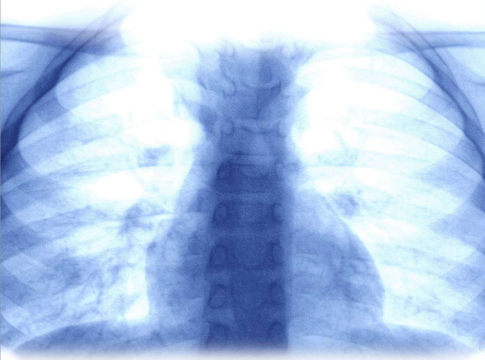
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MEDICAL MEDIUM



ANTHONY WILLIAM
Foreword by Alejandro Junger, M.D.,
New York Times best-selling author of *Clean*

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Meet Anthony William

#1 *New York Times* best-selling author of *Medical Medium*, *Life-Changing Foods*, *Thyroid Healing*, and *Liver Rescue* was born with the unique ability to converse with Spirit of Compassion who provides him with extraordinarily accurate health information that's often far ahead of its time.

Since age four, when he shocked his family by announcing that his symptom-free grandmother had lung cancer (which medical testing soon confirmed), Anthony has been using his gift to "read" people's conditions and tell them how to recover their health.

His unprecedented accuracy and success rate as the Medical Medium have earned him the trust and love of millions worldwide, among them movie stars, rock stars, billionaires, professional athletes, best-selling authors, and countless other people from all walks of life who couldn't find a way to heal until he provided them with insights from Spirit. Anthony has also become an invaluable resource to doctors who need help solving their most difficult cases.

Anthony William is also the originator of the Global Celery Juice Movement. Millions of people are healing thanks to drinking 16 ounces of straight celery juice on an empty stomach every day—a specific healing practice that Anthony has been recommending since I was a child in 1975. With the release of his four bestselling books, all of which include information about the undiscovered healing properties of celery juice, millions of people have now tried celery juice and found it to offer them improvement, relief and healing from all kinds of acute and chronic illnesses and symptoms, including digestive issues, skin conditions, migraines, fatigue, autoimmune illnesses, brain fog, and hundreds of others.



CHAPTER 1

Origins of the Medical Medium

In this book, I reveal truths you won't learn anywhere else. You won't hear them from your doctor, read them in other books, or find them on the web.

These are secrets that have not yet surfaced, and that I'm bringing to light for the first time.

I'm not a physician. I have no medical training. Yet I can tell you things about your health that no one else can. I can give you clarity on chronic and mystery illnesses that doctors often misdiagnose, treat incorrectly, or tag with certain labels even when they don't truly understand what causes the symptoms.

Since I was a young child, I've been helping individuals heal with the insights I'm about to share. Now, it's time for you to learn these secrets.

It's how **Spirit** has told me it's meant to be.

AN UNEXPECTED GUEST

My story begins when I'm four years old.

As I'm waking up one Sunday morning, I hear an elderly man speaking.

His voice is just outside my right ear. It's very clear.

He says, "I am the Spirit of the Most High. There is no spirit above me but God."

I'm confused and alarmed. Is someone else in my room? I open my eyes and look around, but don't see anybody. *Maybe someone's talking or playing a radio outside*, I think.

I get up and walk to the window. There are no people—it's too early in the morning. I have no idea what's going on, and I'm not sure I want to.

I run downstairs to be with my parents and feel safe. I don't say anything about the voice. But as the day goes on, a feeling builds up—that I'm being watched.

In the evening I settle into my chair at the dinner table. With me are my parents, my grandparents, and some other family members.

As we're eating, I suddenly see a strange man standing behind my grandmother. He has gray hair and a gray beard, and is wearing a brown robe. I assume he's a family friend who's come to join our meal. Instead of sitting down with us, though, he keeps standing behind my grandmother . . . and looking only at me.

When none of my family reacts to his presence, I slowly realize that I'm the only one who sees him. I look away to see if he'll disappear. When I look back, he's still there staring at me. His mouth doesn't move, but I can hear his voice by my right ear. It's the same voice I heard when waking up. This time he says, in a calming tone, "I am here for you."


I stop eating.

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The Medical Medium's Thyroid Pseudoscience

Anthony William calls himself a "Medical Medium". He has no medical expertise, but he provides medical advice based on claimed communication with the spirit world. What could possibly go wrong?

Scott Gavura on May 4, 2017
